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# National Perinatal Epidemiology & Statistics Unit Assisted reproductive technology in Australia and New Zealand 2015



The  
Fertility Society  
of Australia

# **Assisted reproductive technology in Australia and New Zealand 2015**

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The National Perinatal Epidemiology and Statistics Unit (NPESU) aims to provide national information and statistics in reproductive and perinatal health.

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All assisted reproductive technology (ART) cycles and donor insemination (DI) undertaken in Australia and New Zealand must be reported to the ANZARD as part of their accreditation by the Reproductive Technology Accreditation Committee of the FSA.

A number of organisations and people make the publication of this annual report possible. Firstly, we would like to thank all staff in the fertility centres for their efforts in compiling the data and providing additional information when requested. A complete list of all contributing fertility clinics can be found in Appendix A. We also thank Dr Clare Boothroyd, Professor Michael Chapman, Dr Anne Clark, Professor Cindy Farquhar, Dr Natalie Hobson, Dr Phill Matson, Dr David Molloy, Professor Robert Norman and Professor Luk Rombauts for peer reviewing the report. We would also like to acknowledge the support of the NPESU by UNSW Sydney and gratefully acknowledge the financial support from the FSA for the compilation of ANZARD and the preparation of this report.

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# Abbreviations

ANZARD	Australian and New Zealand Assisted Reproduction Database
ART	assisted reproductive technology
DET	double embryo transfer
DI	donor sperm insemination
FSA	Fertility Society of Australia
FSH	follicle stimulating hormone
GIFT	gamete intrafallopian transfer
ICSI	intracytoplasmic sperm injection
IVF	in vitro fertilisation
NPESU	National Perinatal Epidemiology and Statistics Unit
OHSS	ovarian hyperstimulation syndrome
OPU	oocyte pick-up
PGT	preimplantation genetic testing
SET	single embryo transfer
SLK	statistical linkage key
UNSW	University of New South Wales
WHO	World Health Organization

# Symbols

–	not applicable
%	percentage
n	number

# Summary

Assisted reproductive technology (ART) is a group of procedures that involve the in vitro (outside of body) handling of human oocytes (eggs) and sperm or embryos for the purposes of establishing a pregnancy. Each ART treatment involves a number of stages and is generally referred to as an ART treatment cycle. The embryos transferred to a women can either originate from the cycle in which they were created (fresh cycle) or be frozen and thawed before transfer (thaw cycle).

There were 77,721 ART treatment cycles reported from Australian and New Zealand clinics in 2015 (71,479 and 6,242 respectively) representing a 5.6% increase in Australia and 6.0% increase in New Zealand on 2014. This represented 14.4 cycles per 1,000 women of reproductive age (15–44 years) in Australia, compared with 6.5 cycles per 1,000 women of reproductive age in New Zealand. Women used their own oocytes or embryos (autologous cycles) in 94.5% of treatments. Embryos that had been frozen and thawed were used in 37.4% of autologous cycles.

There were 39,006 women who undertook 73,481 autologous fresh and/or thaw cycles in Australia and New Zealand in 2015. On average, 1.9 fresh and/or thaw cycles per woman were undertaken in 2015, with more cycles per woman in Australia (1.9 cycles per woman) than in New Zealand (1.6 cycles per woman). The number of cycles where embryos were selected using preimplantation genetic testing (PGT) increased from 3,488 in 2014 to 5,773 in 2015 (65.5% increase)

Over the last five years there has been an increasing trend in the proportion of cycles where all oocytes or embryos are cryopreserved for potential future use (*freeze-all* cycles) from 5.0% of initiated fresh cycles in 2011 to 17.2% of initiated fresh cycles in 2015. This practice is used for a variety of reasons, including reducing the risk of ovarian hyperstimulation syndrome (OHSS), improving endometrial - embryo synchronicity, as part of a PGT cycle, for fertility preservation, or as a deliberate treatment option used by some clinicians.

## Patient's age

The average age of women undergoing autologous cycles was 35.8 years in 2015, similar to previous years. The average age of women undergoing ART treatment using donor oocytes or embryos was approximately five years older at 40.6 years. Approximately, one in four (24.8%) women who underwent an autologous cycle in 2015 were aged 40 or older. The average age of the male partner of the women undergoing autologous and recipient cycles was 38.1 years, with one-third (33.8%) aged 40 or older.

## Treatment outcomes and number of babies

Of the 77,721 initiated cycles, 63,848 (82.2%) resulted in either an embryo transfer or all oocytes/embryos being cryopreserved. Of the initiated cycles, 22.8% (17,726) resulted in a clinical pregnancy and 18.1% (14,040) in a live delivery. The overall clinical pregnancy rate for cycles reaching embryo transfer was 31.9%. The live delivery rate per initiated autologous fresh cycle was 17.0% after *freeze-all* cycles were excluded. The live delivery rate for fresh cycles reaching embryo transfer was 23.7%. The live delivery rate per initiated autologous thaw cycle was 25.3% and for thaw cycles reaching embryo transfer cycle was 26.8%.

There was a higher live delivery rate in younger women. For women aged under 30, the live delivery rate per embryo transfer was 38.4% for autologous fresh cycles and 32.6% for autologous thaw cycles. For women aged over 44, the live delivery rate was 0.7% and 7.6% per embryo transfer for autologous fresh and thaw cycles.

There were 14,791 babies born (including 14,655 liveborn babies) following ART treatment in 2015. Of these, 13,344 (90.2%) were from Australian clinics and 1,447 (9.8%) from New Zealand clinics. Over three-quarters of the liveborn babies (78.8%) were full-term singletons of normal birthweight.

### Cycle-specific success rates

ANZARD includes data items that make it possible to follow a woman's consecutive ART treatment cycles. A cohort of 16,355 women were followed from the start of their first autologous non *freeze-all* fresh cycle during 2013, through subsequent fresh and thaw cycles until December 2015 or until they achieved a live delivery. The cycle-specific live delivery rate per initiated autologous cycle for all women was 23.3% in their first cycle, and 14.5% after eight cycles. Of women who did not achieve a live birth in a specific cycle, approximately one in four did not return for further ART treatment.

### Trends in ART procedures

Treatment trends in the last five years have shown a greater shift from cleavage stage transfers to blastocyst transfers (from 57.7% in 2011 to 73.5% in 2015); an increase in vitrification as a cryopreservation method (from 73.0% of thaw blastocyst transfer cycles in 2011 to 86.1% in 2015). The use of intracytoplasmic sperm injection (ICSI) has remained stable at around 63% of embryo transfer cycles in 2011-2015.

The proportion of embryo transfer cycles transferring a cryopreserved embryo increased from 40.8% of embryo transfer cycles in 2011 to 50.0% in 2015. Of the 14,040 live deliveries resulting for ART treatment, 52.8% resulted from thaw cycles, compared to 38.9% in 2011.

In the last five years the live delivery rate per fresh embryo transfer cycle remained stable around 23%, while the live delivery rate per frozen/thaw embryo transfer cycle increased from 20.6% to 26.6%. Overall, live delivery rates per embryo transfer have risen from 21.6% in 2011 to 25.3% in 2015, a 17.1% improvement.

### Multiple birth trends

A continuing trend in ART treatment in Australia and New Zealand has been the reduction in the rate of multiple deliveries, with a 36% decrease from 6.9% in 2011 to 4.4% in 2015. This was achieved by clinicians and patients shifting to single embryo transfer, with the proportion increasing from 73.2% in 2011 to 85.7% in 2015. Importantly, this decrease in the multiple delivery rate was achieved while overall live delivery rates per embryo transfer increased from 21.6% in 2011 to 25.2% in 2015.





# 1 Introduction

Infertility affects approximately 15% of women of reproductive age at any given time, representing, the source of much personal suffering to millions around the world (World Health Organization 2010). The common medical definition of 'infertility' is the failure to achieve a clinical pregnancy after 12 or more months of regular unprotected sexual intercourse (Zegers-Hochschild et al. 2017). Infertility is increasingly being overcome through advancements in fertility treatment, in particular assisted reproductive technologies (ARTs). ARTs have evolved over the last four decades into a suite of mainstream medical interventions that have resulted in the birth of more than 6 million children worldwide (ICMART 2015). The most recent national estimates indicate that 4.3% of all women who gave birth in Australia in 2014 received some form of ART treatment (AIHW, 2016).

The purpose of this annual report is to inform clinicians, researchers, government and the community about ART treatment and the resulting pregnancy and birth outcomes; to provide ongoing monitoring of ART treatment practices, success rates and perinatal outcomes; and to provide information for national and international comparisons.

The Fertility Society of Australia (FSA), in collaboration with the University of New South Wales (UNSW Sydney), is committed to providing informative annual statistics on ART treatments and is pleased to present the annual report on ART performed in Australia and New Zealand in 2015.

## Treatments covered in this report

ART is a group of procedures that involve the in vitro (outside of body) handling of human oocytes (eggs) and sperm or embryos for the purposes of establishing a pregnancy (Zegers-Hochschild et al. 2017). A typical fresh in vitro fertilisation (IVF) cycle involves the following five steps:

1. controlled ovarian stimulation during which an ovarian stimulation regimen, typically using follicle stimulating hormone (FSH), is administered to a woman over a number of days to induce the maturation of multiple oocytes
2. oocyte pick-up (OPU) where mature oocytes are aspirated from ovarian follicles
3. fertilisation of the collected oocytes using the woman's partner or donor sperm
4. embryo maturation during which a fertilised oocyte is cultured for 2–3 days to form a cleavage stage embryo (6–8 cells) or 5–6 days to create a blastocyst (60–100 cells)
5. transfer of one or more fresh embryos into the uterus in order to achieve pregnancy.

Treatment may be discontinued at any stage during a treatment cycle due to a number of reasons including inadequate response of ovaries to medication, excessive ovarian stimulation, failure to obtain oocytes, failure of oocyte fertilisation, inadequate embryo growth or patient choice.

Over the last three decades, ART has evolved to encompass complex ovarian hyperstimulation protocols and numerous variations to the typical fresh IVF treatment cycle described above. Some of these variations include:

- intracytoplasmic sperm injection (ICSI), when a single sperm is injected directly into the oocyte
- assisted hatching, when the outer layer of the embryo, the zona pellucida, is either thinned or perforated in the laboratory to aid 'hatching' of the embryo

- gamete intrafallopian transfer (GIFT), when mature oocytes and sperm are placed directly into a woman's fallopian tubes so that fertilisation may take place in vivo (inside the body). While once popular, this procedure now accounts for only a very small percentage of ART cycles
- preimplantation genetic testing (PGT), when DNA from oocytes or embryos is tested for chromosomal disorders or genetic diseases before embryo transfer. This term includes pre-implantation genetic diagnosis (PGD) and pre-implantation genetic screening (PGS)
- oocyte donation, when a woman donates her oocytes to others
- oocyte/embryo recipient, when a woman receives oocytes or embryos from another woman
- cryopreservation and storage of embryos that are not transferred in the initial fresh treatment cycle. Once thawed or warmed, the embryos can be transferred in subsequent treatment cycles. Cryopreservation techniques include both the traditional slow freezing method and vitrification. Vitrification can be used to cryopreserve gametes and embryos, and uses an ultra-rapid temperature change with exposure to higher concentrations of cryoprotectants
- cryopreservation and storage of oocytes and embryos for fertility preservation
- *freeze-all* cycles are fresh ART treatment cycles where all oocytes or embryos are cryopreserved for potential future use.
- surrogacy arrangements, where a woman, known as the 'gestational carrier', agrees to carry a child for another person or couple, known as the 'intended parent(s)', with the intention that the child will be raised by the intended parent(s).

Along with ART, a number of other fertility treatments are undertaken in Australia and New Zealand. Artificial insemination is one such treatment by which sperm are placed into the female genital tract (for example, intracervical or intrauterine), and can be used with controlled ovarian hyperstimulation or in natural cycles. Artificial insemination can be undertaken using a partner's sperm, or donated sperm, also known as 'donor sperm insemination' (DI). Only DI is reported to ANZARD.

## Data used in this report

This report provides information on ART and DI treatments and the resulting pregnancy and birth outcomes. Also included is an analysis of trends in ART treatments and outcomes in the five years from 2011 to 2015. Reporting of ART treatment cycles in Australia is a requirement for ART clinics to be licenced by the Reproductive Technology Accreditation Committee (RTAC). All ART clinics in Australia and New Zealand provided data to ANZARD for cycles performed in 2015.

As a joint initiative of the NPESU at UNSW Sydney and the FSA, the ANZARD was upgraded in 2009 to accommodate new ART treatment types and to transform ANZARD from a cycle-based data collection to a woman-based data collection (ANZARD2.0). A more detailed description of ANZARD2.0 can be found in Appendices B and C. The expanded treatment information in the collection includes data fields for oocyte/embryo vitrification, and duration of oocytes and embryos in storage. The upgrade to a woman-based data collection was achieved by introducing a statistical linkage key (SLK) that links successive treatment cycles undertaken by one woman. The SLK is a combination of the first two letters of a woman's first name, the first two letters of her surname and her date of birth. The SLK enables the number of women undergoing treatment across time to be reported. The 2015 annual report presents cycle-specific success rates for women who started their first autologous (non *freeze-all*) fresh cycle during 2013. These women were followed from their first fresh cycle through subsequent fresh and thaw cycles (excluding *freeze-all* cycles) until

31 December 2015, or until they achieved a live delivery (a delivery of at least one liveborn baby) up to and including 31 October 2016.

The 2015 data presented in this report were supplied by all 85 fertility clinics in Australia and all 8 fertility clinics in New Zealand, and compiled into ANZARD2.0. The full list of contributing fertility clinics can be found in Appendix A.

## Structure of this report

This report has nine chapters, including this introductory chapter (Chapter 1).

Chapter 2—‘Overview of ART treatment in 2015’, provides an outline of the numbers and outcomes of all ART treatments undertaken in Australia and New Zealand.

Chapter 3—‘Autologous and donation/recipient cycles in 2015’, presents data on the number of cycles, cycle types, and the outcomes of treatment in terms of discontinued treatment, clinical pregnancies and deliveries.

Chapter 4—‘Pregnancy and birth outcomes following autologous and recipient embryo transfer cycles in 2015’, presents data on the outcomes of clinical pregnancies and deliveries following autologous and recipient cycles including a description of perinatal outcomes.

Chapter 5—‘Other cycle types, procedures and treatment complications in 2015’, includes information on cycles, procedures and complications that do not fit into the chapters already described.

Chapter 6—‘Donor sperm insemination cycles in 2015’, presents data on DI cycles and their outcomes, including a description of pregnancy and perinatal outcomes.

Chapter 7—‘Trends in ART treatment and outcomes: 2011–2015’, presents trends in ART treatments during the last five years of data collection in Australia and New Zealand.

Chapter 8—‘Women undertaking autologous treatment in 2015’, presents information on the number of women undergoing ART treatment in 2015.

Chapter 9—‘Cycle-specific rates for women who started their first ART treatment cycle in 2013’, presents information for a cohort of women who started their first autologous (non-*freeze-all*) fresh ART treatment cycle during 2013, and were followed through subsequent fresh and thaw cycles (excluding *freeze-all* cycles) until 31 December 2015 or until they achieved a live delivery.

Appendices—Appendix A lists the contributing fertility clinics. Appendix B provides an overview of the ANZARD 2.0 data collection that was used to prepare this report. Appendix C provides a detailed list of the data items in the collection.

## 2 Overview of ART treatment in 2015

There were 77,721 ART treatment cycles reported from Australian and New Zealand clinics in 2015 (Table 1). Of these, 92.0% (71,479) were from Australian clinics and 8.0% (6,242) were from New Zealand clinics. The overall number of ART treatment cycles in 2015 increased by 5.6% from the 73,598 cycles in 2014, with a 5.6% increase in Australia and 6.0% increase in New Zealand. In 2015, the number of ART treatment cycles represented 14.4 cycles per 1,000 women of reproductive age (15–44 years) in Australia, compared with 6.5 cycles per 1,000 women of reproductive age in New Zealand (Australian Bureau of Statistics 2015; Statistics New Zealand 2015).

Nearly 95% of cycles in 2015 were autologous cycles (where a woman intended to use, or used her own oocytes or embryos). Of the 73,481 autologous cycles, 45,995 (62.6%) were fresh cycles and 27,486 (37.4%) were thaw cycles. Other treatment cycles accounted for small proportions: 3.1% were oocyte recipient cycles, 0.6% were embryo recipient cycles, 1.5% were oocyte donation cycles and 0.3% were surrogacy arrangement cycles (Table 1).

Of all initiated ART treatments in 2015, 22.8% (17,726) resulted in a clinical pregnancy and 18.1% (14,040) in a live delivery (Table 1). Of these clinical pregnancies, 15,960 (90.0%) were from Australian clinics and 1,766 (10.0%) from New Zealand clinics. There were 14,791 babies born, (including 14,655 liveborn babies) following ART treatment in 2015. Of these, 13,344 (90.2%) were from Australian clinics and 1,447 (9.8%) from New Zealand clinics. Of the liveborn babies, 78.8% (11,541) were singletons at term (gestational age of 37–41 weeks) with normal birthweight ( $\geq 2,500$  grams). The multiple delivery rate was 4.4%.

**Table 1: Number of initiated ART treatment cycles by treatment type, Australia and New Zealand, 2015**

	Number of initiated ART cycles	Percentage of treatment types	Number of clinical pregnancies	Number of live deliveries	Number of liveborn babies	Number of liveborn singletons at term with normal birthweight
Autologous	73,481	94.5	16,898	13,375	13,959	11,035
<i>Fresh</i>	45,995	59.2	8,175	6,408	6,691	5,192
<i>Thaw</i>	27,486	35.4	8,723	6,947	7,268	5,843
Oocyte recipient	2,386	3.1	661	536	560	408
Embryo recipient	442	0.6	100	77	81	54
Oocyte donation	1,158	1.5	0	0	0	0
GIFT <sup>(a)</sup>	4	0.0	0	0	0	0
Surrogacy arrangement cycles	250	0.3	67	52	55	44
<i>Commissioning cycles<sup>(b)</sup></i>	60	0.1	0	0	0	0
<i>Gestational carrier cycles<sup>(c)</sup></i>	190	0.2	67	52	55	44
<b>Total</b>	<b>77,721</b>	<b>100.0</b>	<b>17,726</b>	<b>14,040</b>	<b>14,655</b>	<b>11,541</b>

(a) GIFT cycles were classified separately from autologous cycles.

(b) A variety of cycle types undertaken as part of surrogacy arrangements, e.g. cycles undertaken by intended parents or women donating their oocytes or embryos for use by the gestational carrier.

(c) A cycle undertaken by a woman who carries, or intends to carry, a pregnancy on behalf of the intended parents with an agreement that the child will be raised by the intended parent(s).

### 3 Autologous and donation/recipient cycles in 2015

This chapter presents data on initiated autologous cycles, oocyte donation cycles and oocyte/embryo recipient cycles. Surrogacy cycles and GIFT cycles are presented separately in Chapter 5.

An 'autologous cycle' is defined as an ART treatment cycle in which a woman intends to use, or uses her own oocytes or embryos.

A 'donation cycle' is defined as an ART treatment cycle in which a woman intends to donate, or donates her oocytes to others. A donation cycle may result in the donation of either oocytes or embryos to a recipient woman. The use of donor sperm does not influence the donor status of the cycle.

A 'recipient cycle' is defined as an ART treatment cycle in which a woman receives oocytes or embryos from another woman.

Autologous and donor/recipient cycles can involve the use of, or intended use of, either fresh or frozen/thawed embryos.

## 3.1 Overview of autologous and recipient cycles

### Age of women and their partners

The average age of women undergoing autologous and oocyte/embryo recipient cycles was 36.0 years. For women undergoing oocyte/embryo recipient cycles, the mean age was 40.6 years, nearly five years older than for autologous cycles (35.8 years). Of all autologous and oocyte/embryo recipient cycles, 26.3% were undertaken by women aged 40 or older (Table 2). The average age of male partners was 38.1 years, with 33.8% aged 40 or older. For 20.2% of oocyte/embryo recipient cycles, the partner's age was not stated or no partner was involved (Table 3).

**Table 2: Number of autologous and recipient cycles by women's age group and treatment type, Australia and New Zealand, 2015**

Age group (years) <sup>(a)</sup>	Autologous				Oocyte /embryo recipient		All	
	Fresh		Thaw					
	n	%	n	%	n	%	n	%
< 30	4,712	10.2	3,048	11.1	96	3.4	7,856	10.3
30–34	12,049	26.2	8,990	32.7	351	12.4	21,390	28
35–39	16,251	35.3	10,193	37.1	558	19.7	27,002	35.4
40–44	12,035	26.2	4,900	17.8	1,102	39	18,037	23.6
≥ 45	948	2.1	355	1.3	721	25.5	2,024	2.7
<b>Total</b>	<b>45,995</b>	<b>100.0</b>	<b>27,486</b>	<b>100.0</b>	<b>2,828</b>	<b>100.0</b>	<b>76,309</b>	<b>100.0</b>

(a) Age at start of a treatment cycle.

Note: Data are collected for each treatment cycle; therefore, some individuals may be counted more than once.

**Table 3: Number of autologous and recipient cycles by women's male partners' age group and treatment type, Australia and New Zealand, 2015**

Age group (years) <sup>(a)</sup>	Autologous				Oocyte/embryo recipient		All	
	Fresh		Thaw					
	n	%	n	%	n	%	n	%
< 30	2,831	6.2	1,670	6.1	59	2.1	4,560	6.0
30–34	9,797	21.3	6,657	24.2	328	11.6	16,782	22.0
35–39	12,657	27.5	8,760	31.9	555	19.6	21,972	28.8
40–44	9,762	21.2	5,562	20.2	675	23.9	15,999	21.0
≥ 45	6,065	13.2	3,073	11.2	640	22.6	9,778	12.8
Not stated	4,883	10.6	1,764	6.4	571	20.2	7,218	9.5
<b>Total</b>	<b>45,995</b>	<b>100.0</b>	<b>27,486</b>	<b>100.0</b>	<b>2,828</b>	<b>100.0</b>	<b>76,309</b>	<b>100.0</b>

(a) Age at start of a treatment cycle.

Note: Data are collected for each treatment cycle; therefore, some individuals may be counted more than once.

## Parity

Parity is the number of previous pregnancies of 20 weeks or more gestation experienced by a woman. A woman who has had no previous pregnancies of 20 or more weeks gestation is called 'nulliparous'. A woman who has had at least one previous pregnancy of 20 weeks or more gestation is described as 'parous'.

Of the 76,309 initiated autologous and recipient cycles undertaken in 2015, 67.4% were undertaken by nulliparous women. Of autologous cycles (fresh and thaw), 67.4% were undertaken by nulliparous women, compared with 68.4% for oocyte/embryo recipient cycles (Table 4).

**Table 4: Number of autologous and recipient cycles by parity and treatment type, Australia and New Zealand, 2015**

Parity	Autologous				Oocyte/embryo recipient		All	
	Fresh		Thaw		n	%	n	%
	n	%	n	%				
Nulliparous	33,318	72.4	16,188	58.9	1,934	68.4	51,440	67.4
Parous	8,599	18.7	8,535	31.1	638	22.6	17,772	23.3
Not stated	4,078	8.9	2,763	10.1	256	9.1	7,097	9.3
<b>Total</b>	<b>45,995</b>	<b>100.0</b>	<b>27,486</b>	<b>100.0</b>	<b>2,828</b>	<b>100.0</b>	<b>76,309</b>	<b>100.0</b>

*Note:* Data are collected for each treatment cycle; therefore, some individuals may be counted more than once.

## Cause of infertility

Causes of infertility may relate to either the woman or her male partner, or both, or may be unexplained. The reported causes of infertility are based on clinical diagnosis by the treating clinician. However, the diagnostic definitions may vary among fertility centres and should be interpreted with caution.

Of the 76,309 initiated autologous and recipient cycles, 15.1% reported male infertility factors as the only cause of infertility; 33.5% reported only female infertility factors; 10.5% reported combined male–female factors; 25.9% reported unexplained infertility; and 14.9% were not stated.



## Intracytoplasmic sperm injection procedures

Of the 39,212 autologous fresh cycles where fertilisation was attempted, 67.2% used ICSI procedures and 32.8% used IVF procedures. Of fresh oocyte recipient cycles where fertilisation was attempted, 82.7% used ICSI procedures and 17.3% used IVF procedures (Table 5).

**Table 5: Number of autologous and recipient cycles with fertilisation attempted by treatment type and procedure, Australia and New Zealand, 2015**

Procedure	Autologous				Oocyte/embryo recipient			
	Fresh <sup>(a)</sup>		Thaw <sup>(b)(d)</sup>		Fresh <sup>(a)</sup>		Thaw <sup>(b)(d)</sup>	
	n	%	n	%	n	%	n	%
IVF	12,867	32.8	10,239	39.4	192	17.3	509	31.1
ICSI <sup>(c)</sup>	26,345	67.2	15,757	60.6	918	82.7	1,107	67.6
Not stated	0	0.0	0	0.0	0	0.0	22	1.3
<b>Total</b>	<b>39,212</b>	<b>100.0</b>	<b>25,996</b>	<b>100.0</b>	<b>1,110</b>	<b>100.0</b>	<b>1,638</b>	<b>100.0</b>

(a) Fresh cycles where fertilisation was attempted.

(b) Thaw cycles where embryos were transferred.

(c) Includes 989 Mixed IVF/ICSI cycles.

(d) Where two or more thawed embryos were transferred, the number of mixed IVF/ICSI transfers cannot be differentiated from ICSI only transfers. 1,756 of the 15,757 thaw ICSI cycles had two or more embryos transferred.

## Number of embryos transferred

Of the 55,357 fresh and thawed embryo transfer cycles undertaken in autologous and recipient cycles, 85.7% were single embryo transfer (SET) cycles and 14.0% were double embryo transfer (DET). In women aged under 35, 91.7% of embryo transfer cycles were SET cycles and 8.2% were DET cycles. In women aged 35 or older, 81.6% of cycles were SET cycles and 17.9% were DET cycles (Table 6).

**Table 6: Number of fresh and thawed embryos transferred per cycle by women's age group, Australia and New Zealand, 2015**

Age group (years) <sup>(a)</sup>	Number of embryos transferred							
	One		Two		Three or more		Total	
	n	%	n	%	n	%	n	%
< 30	5,378	92.8	416	7.2	0	0.0	5,794	100.0
30–34	14,995	91.4	1,414	8.6	4	0.0	16,413	100.0
35–39	17,078	86.2	2,725	13.8	7	0.0	19,810	100.0
40–44	8,972	74.8	2,894	24.1	126	1.1	11,992	100.0
≥ 45	1,010	74.9	318	23.6	20	1.5	1,348	100.0
<b>All</b>	<b>47,433</b>	<b>85.7</b>	<b>7,767</b>	<b>14.0</b>	<b>157</b>	<b>0.3</b>	<b>55,357</b>	<b>100.0</b>

(a) Age at start of a treatment cycle.

## Stage of embryo development

Of the 55,357 embryo transfer cycles, 26.6% involved the transfer of day 2-3 embryos (cleavage stage embryos) and 73.4% day 5–6 embryos (blastocysts). Of autologous cycles, blastocyst transfers made up 62.3% of fresh cycles compared with 85.0% of thaw cycles (Table 7).

**Table 7: Number of embryo transfer cycles by treatment type and stage of embryo development, Australia and New Zealand, 2015**

Stage of embryo development	Autologous				Oocyte/embryo recipient			
	Fresh		Thaw		Fresh		Thaw	
	n	%	n	%	n	%	n	%
Cleavage Stage	10,207	37.7	3,890	15.0	197	29.9	409	25.0
Blastocyst <sup>(a)</sup>	16,858	62.3	22,106	85.0	461	70.1	1,229	75.0
<b>Total</b>	<b>27,065</b>	<b>100.0</b>	<b>25,996</b>	<b>100.0</b>	<b>658</b>	<b>100.0</b>	<b>1,638</b>	<b>100.0</b>

(a) Includes 29 cycles where both blastocyst and cleavage stage embryos and were transferred.

## Transfer of cryopreserved embryos

Embryos created in a fresh cycle can be cryopreserved by either slow freezing or ultra-rapid (vitrification) methods. Slow frozen and vitrified embryos can be thawed/warmed and then transferred in subsequent cycles. Of the 27,634 frozen/thawed embryo transfer cycles, 78.3% involved the transfer of vitrified embryos. Of the frozen/thawed blastocyst transfer cycles 86.1% had vitrified embryos transferred. By comparison, 36.0% of frozen/thawed cleavage stage embryo transfer cycles used vitrified embryos (Table 8).

**Table 8: Number of embryo transfer cycles by cryopreservation method and stage of embryo development, Australia and New Zealand, 2015**

Cryopreservation method	Autologous				Oocyte/embryo recipient			
	Cleavage Stage		Blastocyst <sup>(a)</sup>		Cleavage Stage		Blastocyst <sup>(b)</sup>	
	n	%	n	%	n	%	n	%
Slow frozen	2,403	61.8	3,019	13.7	346	85.0	208	17.2
Vitrification <sup>(c)</sup>	1,487	38.2	19,087	86.3	61	15.0	1,001	82.8
<b>Total<sup>(d)</sup></b>	<b>3,890</b>	<b>100.0</b>	<b>22,106</b>	<b>100.0</b>	<b>409</b>	<b>100.0</b>	<b>1,229</b>	<b>100.0</b>

(a) Includes 15 cycles where both blastocyst and cleavage stage embryos and were transferred

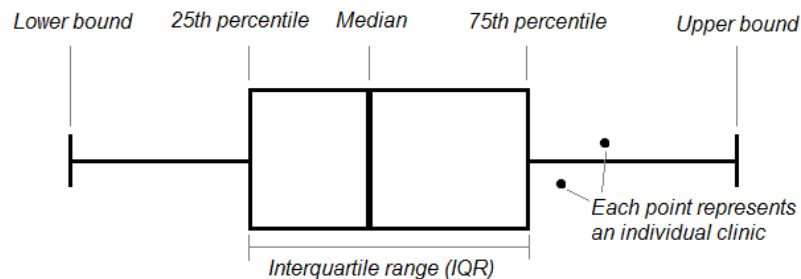
(b) Includes 2 cycles where both blastocyst and cleavage stage embryos and were transferred

(c) Includes 249 cycles where both vitrified and slow frozen embryos were transferred.

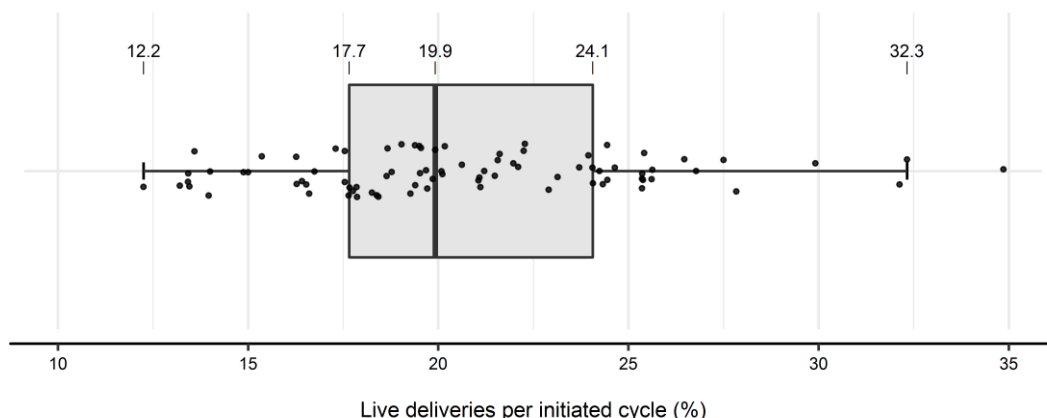
(d) Includes 22 embryo recipient cycles where the method of freezing is unknown

## Live deliveries from initiated fresh and thaw autologous and recipient cycles among fertility clinics

### How to interpret Figure 1



- Figure 1 reports on live deliveries per initiated fresh (excluding *freeze-all*) and thaw autologous cycles, and recipient cycles (%) among the 83 fertility clinics who performed more than 50 of these cycles combined in 2015. Ten clinics were excluded because they performed less than 50 autologous and recipient cycles.
- Each point represents a clinic.
- A percentile indicates the value below which a given percentage of clinics' live delivery rates fall. For example, 50% of clinics had a live delivery rate less than the median (19.9%).
- The interquartile range (IQR) indicates the range of live delivery rates achieved by the middle 50% of clinics (IQR: 17.7% - 24.1%).
- The upper and lower bounds represent the range in which it would be expected that approximately 98% of clinics to fall (12.2% - 32.3%).
- These data should be interpreted with caution because of the small number of patients who underwent autologous and recipient cycles in some clinics. The live delivery rates among clinics may also vary because of differences in the characteristics and prognosis of patients treated, and different approaches to the use of ARTs and other fertility treatments.



**Figure 1: Live delivery rate per initiated fresh (excluding *freeze-all*) and thaw autologous and recipient cycle (%) among fertility clinics, Australia and New Zealand, 2015**

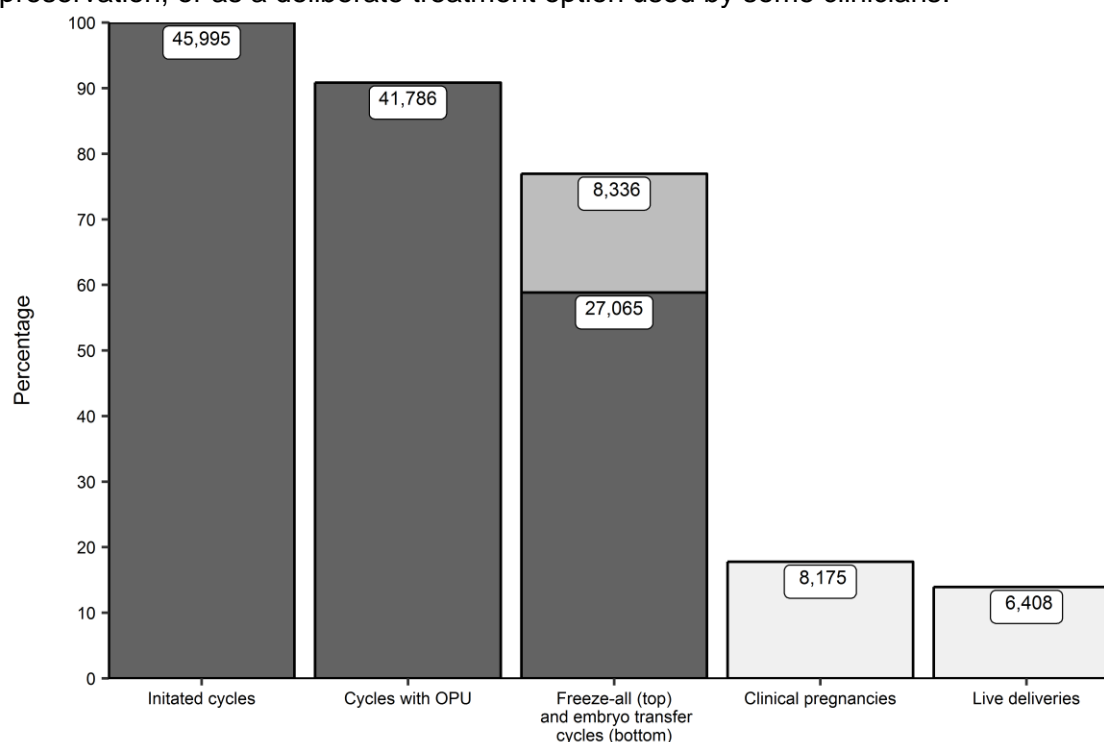
## 3.2 Autologous fresh cycles

In 2015, there were 45,995 initiated autologous fresh cycles, comprising 45,521 (99.0%) FSH-stimulated cycles, 472 (1.0%) unstimulated cycles, plus 2 cycles with unknown stimulation status. There were 249 cycles in which thawed oocytes were used. Of the 45,995 initiated autologous fresh cycles, 92.5% (42,534) were in Australian clinics and 7.5% (3,461) were in New Zealand clinics.

### Progression of autologous fresh cycles

Figure 2 shows the main stages of autologous fresh cycles and the resulting treatment outcomes. Of the 45,995 initiated autologous fresh cycles in 2015, 90.8% had OPU performed; 18.1% were *freeze-all* cycles; 58.8% had embryos transferred (Figure 2). A treatment can be discontinued for a variety of reasons, including inadequate response of ovaries to medication, excessive ovarian stimulation, failure to obtain oocytes, failure of oocyte fertilisation, inadequate embryo growth or patient choice.

*Freeze-all* cycles are fresh ART treatment cycles where all oocytes or embryos are frozen for potential future use. This increasingly common practice (Table 39) is used for a variety of reasons, including reducing the risk of ovarian hyperstimulation syndrome (OHSS), improving endometrial - embryo synchronicity, as part of a PGT cycle, for fertility preservation, or as a deliberate treatment option used by some clinicians.



**Figure 2: Progression of autologous fresh cycles, Australia and New Zealand, 2015**

## Clinical pregnancies and live deliveries by women's age

Maternal age is one of the key factors associated with the outcomes of autologous fresh cycles. The highest live delivery rate per embryo transfer cycle was in women aged under 30 (38.4%). The rate declined with advancing women's age, with a rate of 8.9% for women aged 40–44 and 0.7% for women aged 45 or older (Table 9).

In women aged under 30 years *freeze-all* cycles accounted for 24.4% of initiated fresh cycles with the rate decreasing to 5.2% in women over 45 years. Of the 8,336 *freeze-all* cycles 14.6% (1,213) were for oocyte freezing and 85.4% (7,123) were for embryo freezing. Table 9 presents the live delivery rate per initiated fresh cycle and the live delivery rate per initiated fresh cycle (excluding *freeze-all* cycles).

**Table 9: Outcomes of autologous fresh cycles by women's age group, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>					All
	< 30	30–34	35–39	40–44	≥ 45	
Initiated cycles	4,712	12,049	16,251	12,035	948	45,995
Cycles with OPU	4,328	11,194	14,899	10,590	775	41,786
<i>Freeze-all</i> cycles <sup>(b)</sup>	1,149	2,505	3,101	1,532	49	8,336
Embryo transfer cycles	2,799	7,546	9,691	6,611	418	27,065
Clinical pregnancies	1,239	2,974	2,919	1,029	14	8,175
Live deliveries	1,076	2,498	2,245	586	3	6,408
<i>Live deliveries per initiated cycle (%)</i>	22.8	20.7	13.8	4.9	0.3	13.9
<i>Live deliveries per initiated cycle (excluding freeze-all)<sup>(c)</sup> (%)</i>	30.2	26.2	17.1	5.6	0.3	17.0
<i>Live deliveries per embryo transfer cycle (%)</i>	38.4	33.1	23.2	8.9	0.7	23.7
<i>Live deliveries per clinical pregnancy (%)</i>	86.8	84.0	76.6	56.9	21.4	78.4

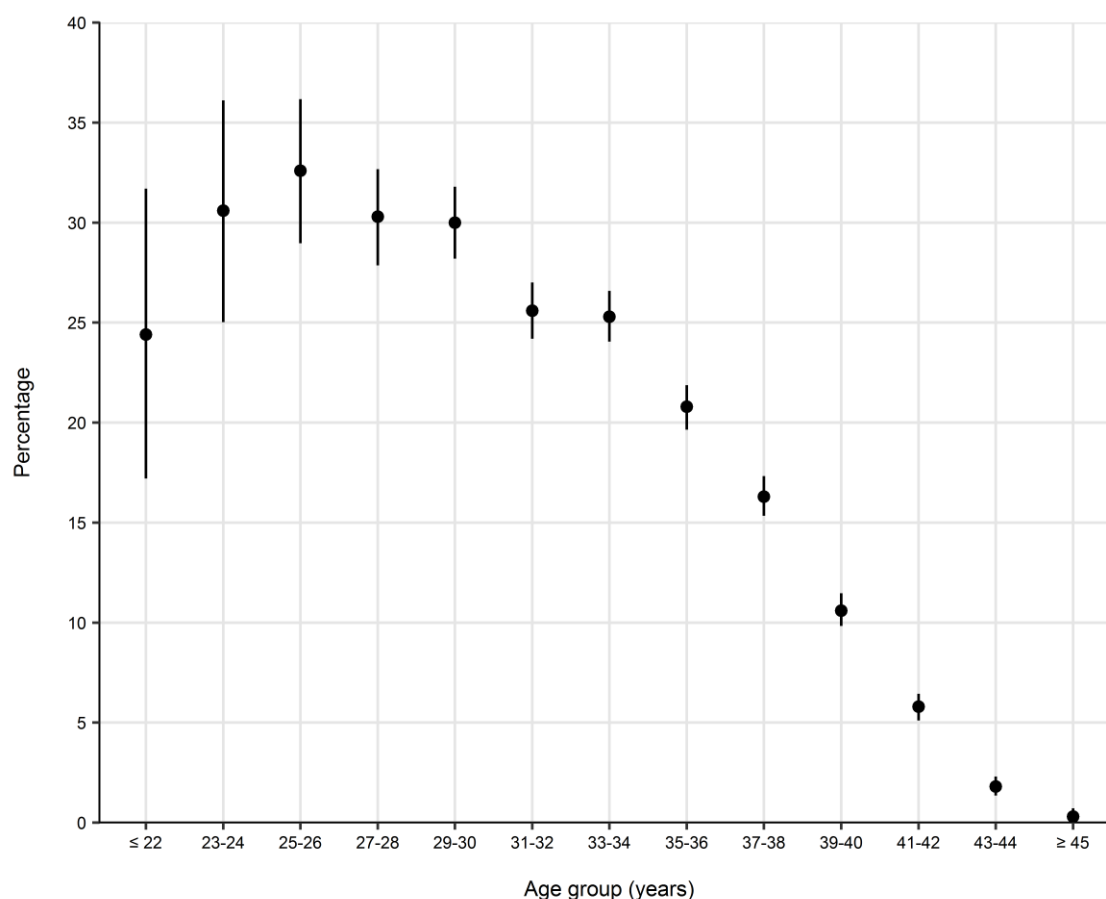
(a) Age at start of a treatment cycle.

(b) *Freeze-all* cycles are fresh ART treatment cycles where all oocytes or embryos are cryopreserved for potential future use.

(c) Live deliveries per initiated cycle (excluding *freeze-all*) were calculated using live deliveries as the numerator and initiated fresh cycles minus *freeze-all* cycles as the denominator

Figure 2 shows age-specific live delivery rates per initiated autologous fresh cycle by two-year age groups. The 95% confidence intervals describe the uncertainty surrounding the point estimates of the live delivery rates as representative of live delivery rates for otherwise similar women of that age-group.

The highest live delivery rates were for women aged between their mid-20s to early-30s. For women aged 45 or older, only one live delivery resulted from every 300 initiated cycles compared with one live delivery from every 4 initiated cycles in women aged between 25 and 34.



**Figure 3: Live delivery rate (with 95% confidence interval) per initiated autologous fresh cycle (excluding *freeze-all*) by women's age at start of a treatment cycle, Australia and New Zealand, 2015**

## Clinical pregnancies and live deliveries by cause of infertility

Cycles reported with endometriosis and male factor infertility as the only cause of infertility had the highest live delivery rates (21.0% and 20.0%), followed by cycles reported with female tubal disease as the only cause of infertility (18.0%) (Table 10).

**Table 10: Outcomes of autologous fresh cycles by cause of infertility, Australia and New Zealand, 2015**

Cause of infertility	Number of initiated cycles	Embryo transfer cycles per initiated cycle (%)	Clinical pregnancies per initiated non-freeze-all cycle <sup>(a)</sup> (%)	Live deliveries per initiated non-freeze-all cycle <sup>(b)</sup> (%)
Male factor only	7,031	63.9	25.5	20.0
Female factor	15,513	55.9	21.5	16.6
<i>Tubal disease only</i>	1,755	66.0	23.2	18.0
<i>Endometriosis only</i>	2,321	61.8	26.2	21.0
<i>Other female factor only</i>	8,800	49.5	19.1	14.8
<i>Combined female factor</i>	2,637	65.5	23.8	17.4
Combined male—female	4,986	58.7	22.1	17.6
Unexplained	11,795	59.2	21.0	16.6
Not stated	6,670	60.0	19.1	15.1
<b>All</b>	<b>45,995</b>	<b>58.8</b>	<b>21.7</b>	<b>17.0</b>

a) Clinical pregnancies per initiated non-freeze-all cycle is calculated using clinical pregnancies as the numerator and initiated cycles minus freeze-all cycles as the denominator

b) Live deliveries per initiated non-freeze-all cycle is calculated using live deliveries as the numerator and initiated cycles minus freeze-all cycles as the denominator

## Clinical pregnancies and live deliveries by number of embryos transferred

Overall, 81.5% of autologous fresh embryo transfer cycles were SET cycles, 18.1% were DET cycles and 0.4% had three or more embryos transferred. In women aged under 35, three or more embryos transferred accounted for less than 0.1% of embryo transfer cycles. This increased to 3.0% in women aged 40 or older.

The overall live delivery rate was 25.0% for SET cycles and 17.8% for DET cycles (Table 11). Of embryo transfer cycles in women aged under 35 and 35-39 the live delivery rate was higher for SET cycles (34.7% and 23.5%) than DET cycles (33.1% and 21.8%). Of embryo transfer cycles in women aged 40 or older, the live delivery rates were slightly lower for SET (8.2%) cycles than DET (8.6%) cycles. Caution should be taken when comparing live delivery rates following SET and DET cycles because patient characteristics and prognosis are different between these groups.

**Table 11: Outcomes of autologous fresh embryo transfer cycles by women's age and number of embryos transferred, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>							
	< 35		35-39		≥ 40		All	
	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>
Embryo transfer cycles	9,415	927	8,006	1,680	4,624	2,279	22,045	4,886
Clinical pregnancies	3,850	362	2,415	504	645	374	6,910	1,240
Live deliveries	3,266	307	1,878	367	377	195	5,521	869
<i>Clinical pregnancies per embryo transfer cycle (%)</i>	<i>40.9</i>	<i>39.1</i>	<i>30.2</i>	<i>30</i>	<i>13.9</i>	<i>16.4</i>	<i>31.3</i>	<i>25.4</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>34.7</i>	<i>33.1</i>	<i>23.5</i>	<i>21.8</i>	<i>8.2</i>	<i>8.6</i>	<i>25.0</i>	<i>17.8</i>

(a) Age at start of a treatment cycle.

(b) SET: single embryo transfer.

(c) DET: double embryo transfer.



## Clinical pregnancies and live deliveries by stage of embryo development

Overall, the rates of clinical pregnancy and live delivery were higher in blastocyst transfer cycles than in cleavage stage embryo transfer cycles regardless of a woman's age (Table 12). The live delivery rate for blastocyst transfer cycles was 11.4 percentage points higher than for cleavage stage embryo transfer cycles.

Caution should be taken when comparing clinical pregnancy and live delivery rates following cleavage stage embryo and blastocyst transfer. Patient characteristics, prognosis and treatment strategies (e.g. PGT) may be different between these groups, and generally fewer embryos are available for transfer and cryopreservation when blastocyst culture is used.

**Table 12: Outcomes of autologous fresh embryo transfer cycles by women's age and stage of embryo development, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>							
	< 35		35–39		≥ 40		All	
	CL <sup>(b)</sup>	BL <sup>(c)(d)</sup>	CL <sup>(b)</sup>	BL <sup>(c)(e)</sup>	CL <sup>(b)</sup>	BL <sup>(c)(f)</sup>	CL <sup>(b)</sup>	BL <sup>(c)(g)</sup>
Embryo transfer cycles	3,125	7,220	3,518	6,173	3,564	3,465	10,207	16,858
Clinical pregnancies	1,003	3,210	833	2,086	412	631	2,248	5,927
Live deliveries	844	2,730	630	1,615	217	372	1,691	4,717
<i>Clinical pregnancies per embryo transfer cycle (%)</i>	<i>32.1</i>	<i>44.5</i>	<i>23.7</i>	<i>33.8</i>	<i>11.6</i>	<i>18.2</i>	<i>22.0</i>	<i>35.2</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>27.0</i>	<i>37.8</i>	<i>17.9</i>	<i>26.2</i>	<i>6.1</i>	<i>10.7</i>	<i>16.6</i>	<i>28.0</i>

(a) Age at start of a treatment cycle.

(b) CL: cleavage stage embryo.

(c) BL: blastocyst.

(d) Includes 4 cycles where both cleavage stage embryos and blastocysts were transferred

(e) Includes 3 cycles where both cleavage stage embryos and blastocysts were transferred

(f) Includes 5 cycles where both cleavage stage embryos and blastocysts were transferred

(g) Includes 12 cycles where both cleavage stage embryos and blastocysts were transferred

### 3.3 Autologous thaw cycles

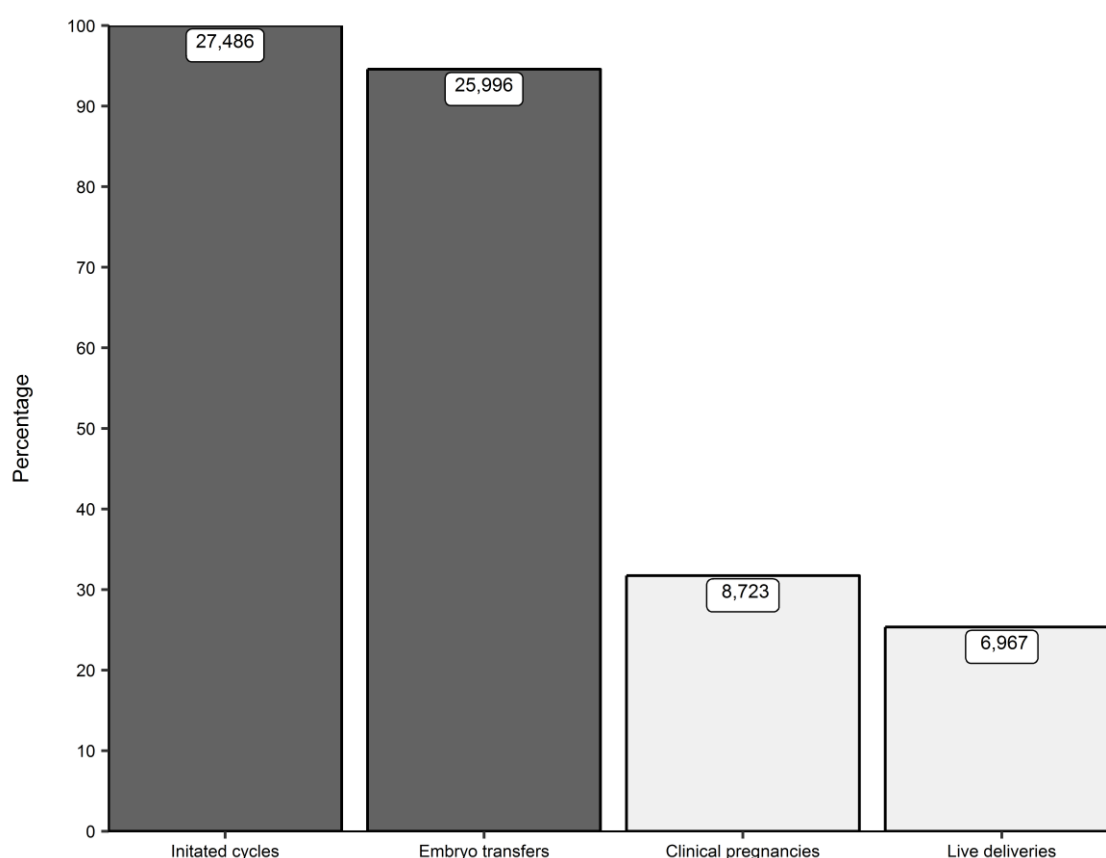
There were 27,486 autologous thaw cycles reported in 2015 (Figure 3). Of these, 91.6% (25,188) were in Australian clinics and 8.4% (2,298) in New Zealand clinics.

#### Progression of autologous thaw cycles

Figure 4 shows the main stages of autologous thaw cycles and the resulting treatment outcomes.

Of the 27,486 initiated autologous thaw cycles, 94.6% had embryos transferred, 31.7% resulted in a clinical pregnancy and 25.3% resulted in a live delivery (Figure 4). Five percent of initiated autologous thaw cycles did not progress to embryo transfer, principally due to non-viability following thawing of cryopreserved (frozen) embryo(s).

The rate of live deliveries per initiated cycle was higher for autologous thaw cycles than for autologous fresh cycles excluding *freeze-all* cycles in 2015 (25.3% and 17.0% respectively) (Figure 3 and Table 10).



**Figure 4: Progression of autologous thaw cycles, Australia and New Zealand, 2015**

## Clinical pregnancies and live deliveries from autologous thaw cycles by women's age

Similar to autologous fresh embryo transfer cycles, the live delivery rate per thawed embryo transfer cycle declined with advancing women's age (Table 13). It is important to note that embryos thawed during a thaw cycle were created in an earlier initiated fresh cycle; therefore, a woman's age at the start of a thaw cycle is older than her age at the start of the initiated fresh cycle.

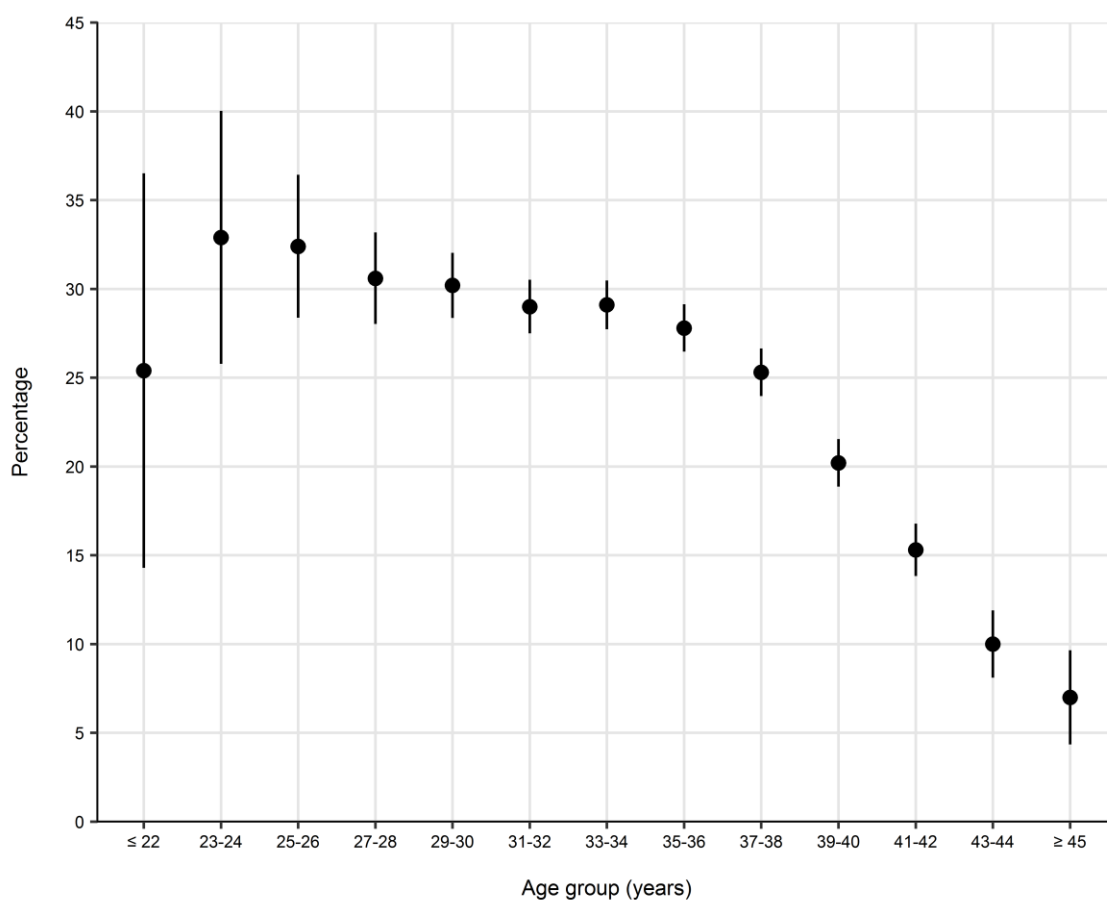
**Table 13: Outcomes of autologous thaw cycles by women's age group, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>					All
	< 30	30–34	35–39	40–44	≥ 45	
Initiated cycles	3,048	8,990	10,193	4,900	355	27,486
Embryo transfer cycles	2,921	8,591	9,671	4,483	330	25,996
Clinical pregnancies	1,109	3,178	3,281	1,112	43	8,723
Live deliveries	951	2,615	2,618	758	25	6,967
<i>Live deliveries per initiated cycle (%)</i>	31.2	29.1	25.7	15.5	7.0	25.3
<i>Live deliveries per embryo transfer cycle (%)</i>	32.6	30.4	27.1	16.9	7.6	26.8
<i>Live deliveries per clinical pregnancy (%)</i>	85.8	82.3	79.8	68.2	58.1	79.9

(a) Age at start of the thaw treatment cycle.

Figure 5 shows age-specific live delivery rates per initiated autologous thaw cycle by two-year age groups. The 95% confidence intervals describe the uncertainty surrounding the point estimates of the live delivery rates as representative of live delivery rates for otherwise similar women of that age-group.

The highest live delivery rates were for women in their mid-20s to mid-30s. The wider 95% confidence intervals for women in age groups under 30 years suggests greater uncertainty in the point estimates of the delivery rates for these women as being representative of all women of similar age and characteristics. For women aged 45 or older, 7.0% of initiated autologous thaw cycles resulted in a live delivery, which is higher than the live delivery rate per initiated autologous fresh cycle in this age group (0.3%) (Figures 2 and 4). As embryos thawed during a thaw cycle were created in an earlier initiated fresh cycle, a woman's age at the start of a thaw cycle is older than her age at the start of the initiated fresh cycle.



**Figure 5: Live delivery rate (with 95% confidence intervals) per initiated autologous thaw cycle by women's age at start of a treatment cycle, Australia and New Zealand, 2015**

## Clinical pregnancies and live deliveries by cause of infertility

Cycles reported with male factor as the only cause of infertility had a higher rate of live delivery per initiated thaw cycle (27.3%) than those with female factor-only infertility (25.8%) (Table 14).

**Table 14: Outcomes of autologous thaw cycles by cause of infertility, Australia and New Zealand, 2015**

Cause of infertility	Number of initiated cycles	Embryo transfer cycles per initiated cycle (%)	Clinical pregnancies per initiated cycle (%)	Live deliveries per initiated cycle (%)
Male factor only	4,204	96.1	33.8	27.3
Female factor	8,836	95.5	32.4	25.8
<i>Tubal disease only</i>	1,270	96.9	31.7	26.2
<i>Endometriosis only</i>	1,384	95.6	33.1	25.4
<i>Other female factor only</i>	4,744	95.4	32.7	26.2
<i>Combined female factor</i>	1,438	94.3	31.3	24.1
Combined male–female factors	2,802	95.5	32.7	25.6
Unexplained	7,374	95.4	31.5	25.5
Not stated	4,270	89.2	28.1	22.2
<b>All</b>	<b>27,486</b>	<b>94.6</b>	<b>31.7</b>	<b>25.3</b>

## Clinical pregnancies and live deliveries by number of embryos transferred

Of the 25,996 autologous thaw embryo transfer cycles, 90.1% were SET cycles, 9.9% were DET cycles and less than 0.1% transferred three or more embryos. No women under 30 received transfers of three or more embryos. In women aged between 30 and 40, three or more frozen/thawed embryos were transferred in less than 0.1% of embryo transfer cycles, compared with 0.4% in women aged 40 or older. Overall SET resulted in an increase in live deliveries per embryo transfer cycle of 2.2 percentage points more than DET (Table 15). Caution should be taken when comparing live delivery rates following SET and DET cycles because patient characteristics and prognosis are different between these groups.

**Table 15: Outcomes of autologous thaw embryo transfer cycles by women's age and number of embryos transferred, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>							
	< 35		35–39		≥ 40		All	
	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>
Embryo transfer cycles	10,645	866	8,699	971	4,070	726	23,414	2,563
Clinical pregnancies	3,967	319	2,964	317	970	178	7,901	814
Live deliveries	3,292	273	2,371	247	666	115	6,329	635
<i>Clinical pregnancies per embryo transfer cycle (%)</i>	<i>37.3</i>	<i>36.8</i>	<i>34.1</i>	<i>32.6</i>	<i>23.8</i>	<i>24.5</i>	<i>33.7</i>	<i>31.8</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>30.9</i>	<i>31.5</i>	<i>27.3</i>	<i>25.4</i>	<i>16.4</i>	<i>15.8</i>	<i>27.0</i>	<i>24.8</i>

(a) Age at start of a treatment cycle.

(b) SET: single embryo transfer.

(c) DET: double embryo transfer.

## Clinical pregnancies and live deliveries by stage of embryo development

The rates of clinical pregnancy and live delivery were higher for blastocyst transfer cycles than for cleavage stage embryo transfer cycles, regardless of a woman's age. Overall, the rate of live delivery for blastocyst transfer cycles was 15.6 percentage points higher than for cleavage stage embryo transfer cycles (Table 16).

Caution should be taken when comparing clinical pregnancy and live delivery rates following cleavage stage embryo and blastocyst transfer. Patient characteristics and prognosis are different between these groups, and generally fewer embryos are available for transfer and cryopreservation when blastocyst culture is used.

**Table 16: Outcomes of autologous thaw embryo transfer cycles by women's age and stage of embryo development, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>							
	< 35		35–39		≥ 40		All	
	CL <sup>(b)</sup>	BL <sup>(c)(d)</sup>	CL <sup>(b)</sup>	BL <sup>(c)(e)</sup>	CL <sup>(b)</sup>	BL <sup>(c)(f)</sup>	CL <sup>(b)</sup>	BL <sup>(c)(g)</sup>
Embryo transfer cycles	1,420	10,092	1,403	8,268	1,067	3,746	3,890	22,106
Clinical pregnancies	326	3,961	263	3,018	117	1,038	706	8,017
Live deliveries	261	3,305	198	2,420	68	715	527	6,440
<i>Clinical pregnancies per embryo transfer cycle (%)</i>	<i>23.0</i>	<i>39.2</i>	<i>18.7</i>	<i>36.5</i>	<i>11.0</i>	<i>27.7</i>	<i>18.1</i>	<i>36.3</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>18.4</i>	<i>32.7</i>	<i>14.1</i>	<i>29.3</i>	<i>6.4</i>	<i>19.1</i>	<i>13.5</i>	<i>29.1</i>

(a) Age at start of a treatment cycle.

(b) CL: cleavage stage embryo.

(c) BL: blastocyst.

(d) Includes 5 cycles where both blastocyst and cleavage stage embryos were transferred

(e) Includes 5 cycles where both blastocyst and cleavage stage embryos were transferred

(f) Includes 5 cycles where both blastocyst and cleavage stage embryos were transferred

(g) Includes 15 cycles where both blastocyst and cleavage stage embryos were transferred

## Clinical pregnancies and live deliveries by embryo freezing methods

Of the autologous thaw cycles where a blastocyst was transferred, 86.3% used vitrified embryos compared with 38.2% of cycles where a cleavage stage embryo was transferred. Overall the rates of clinical pregnancy and live delivery were higher for the transfer of vitrified embryos than for slow frozen embryos (Table 17).

**Table 17: Outcomes of autologous thaw embryo transfer cycles by stage of embryo development and embryo freezing methods, Australia and New Zealand, 2015**

Stage/outcome of treatment	Stage of embryo development					
	Cleavage stage		Blastocyst <sup>(a)</sup>		All	
	Slow freezing	Vitrification <sup>(b)</sup>	Slow freezing	Vitrification <sup>(c)</sup>	Slow freezing	Vitrification <sup>(d)</sup>
Embryo transfer cycles	2,403	1,487	3,019	19,087	5,422	20,574
Clinical pregnancies	456	250	1,036	6,981	1,492	7,231
Live deliveries	345	182	828	5,612	1,173	5,794
<i>Clinical pregnancies per embryo transfer cycle (%)</i>	<i>19.0</i>	<i>16.8</i>	<i>34.3</i>	<i>36.6</i>	<i>27.5</i>	<i>35.1</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>14.4</i>	<i>12.2</i>	<i>27.4</i>	<i>29.4</i>	<i>21.6</i>	<i>28.2</i>

(a) Includes 15 cycles where both blastocyst and cleavage stage embryos were transferred

(b) Includes 23 cycles where both vitrified and slow frozen cycles were transferred

(c) Includes 209 cycles where both vitrified and slow frozen cycles were transferred

(d) Includes 224 cycles where both vitrified and slow frozen cycles were transferred



## 3.4 Donation and recipient cycles

A donation cycle is defined as an ART treatment cycle in which a woman intends to donate, or donates her oocytes to another woman. A donation cycle may result in either oocytes or embryos being donated to a recipient woman. A recipient cycle is defined as an ART treatment cycle in which a woman receives oocytes or embryos. The use of donor sperm does not alter the donor status of the cycle.

In 2015, donation and recipient cycles accounted for 5.1% (3,986) of all treatment cycles in Australia and New Zealand. There were 1,158 initiated cycles where the intention was to donate oocytes to a recipient woman, consisting of 991 (85.6%) cycles in Australia and 167 (14.4%) in New Zealand. There were 2,828 oocyte/embryo recipient cycles (Table 1), comprising 2,555 (90.3%) cycles in Australia and 273 (9.7%) cycles in New Zealand.

### Oocyte donation cycles

Of the 1,158 cycles in Australia and New Zealand where the intention was to donate oocytes to a recipient, 42 (3.6%) cycles were cancelled before OPU, and a further 46 did not result in oocytes being donated.

The average age of women donating oocytes was 32.5 years, with 39.1% of cycles in women aged 35 or older (Table 18).

**Table 18: Number of oocyte donation cycles by donor's age group, Australia and New Zealand, 2015**

Age group (years) <sup>(a)</sup>	Number of initiated cycles	Cycles with OPU performed (n)	Cycles with OPU performed (%)	Number of cycles with oocytes donated	Cycles with oocytes donated (%)
< 30	318	304	95.6	293	92.1
30–34	387	368	95.1	355	91.7
35–39	381	373	97.9	356	93.4
≥ 40	72	71	98.6	66	91.7
<b>Total</b>	<b>1,158</b>	<b>1,116</b>	<b>96.4</b>	<b>1,070</b>	<b>92.4</b>

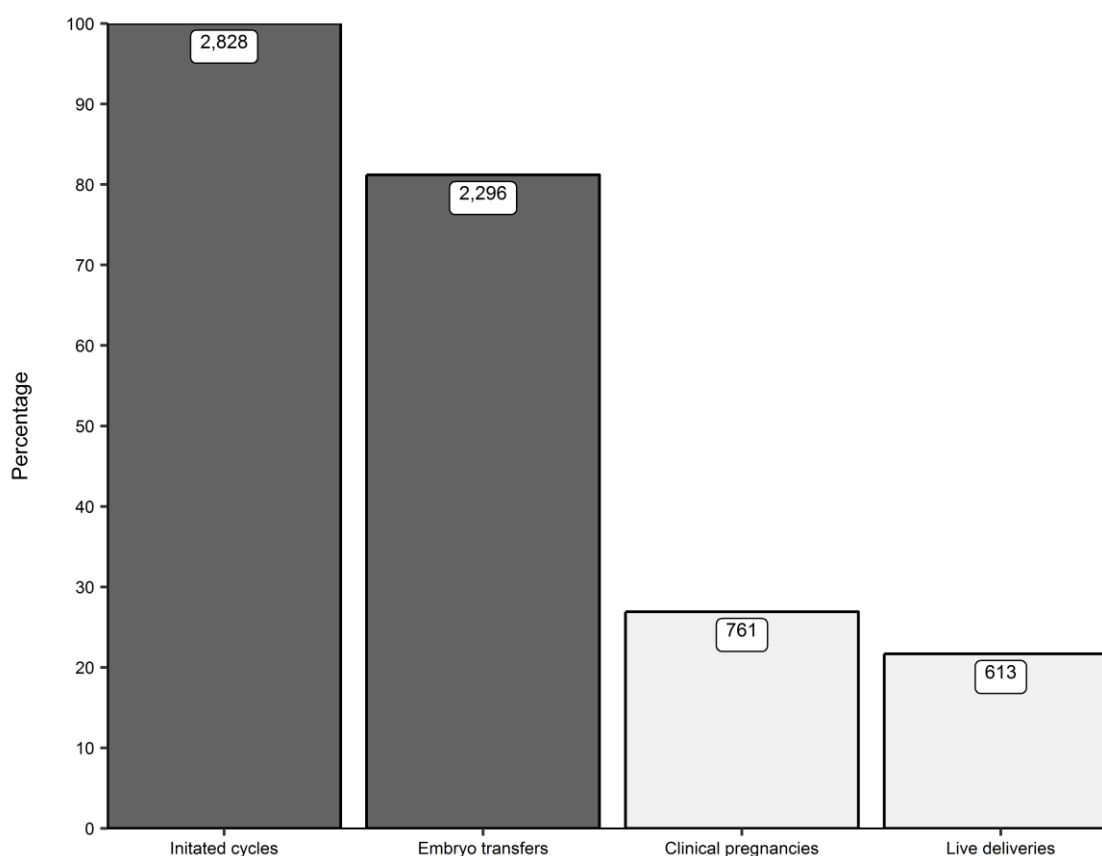
(a) Donor's age at start of a treatment cycle.

## Oocyte/embryo recipient cycles

There were 2,828 oocyte/embryo recipient cycles in 2015. Of these, 84.4% (2,386) were oocyte recipient cycles and 15.6% (442) were embryo recipient cycles (Table 1). The average age of women undertaking an oocyte/embryo recipient cycle was 40.6 years.

## Progression of oocyte/embryo recipient cycles

Figure 6 shows the main stages of oocyte/embryo recipient cycles and the treatment outcomes. Of the 2,828 initiated oocyte/embryo recipient cycles undertaken in 2015, 81.2% resulted in an embryo transfer; 26.9% resulted in a clinical pregnancy and 21.7% in a live delivery.



**Figure 6: Progression of fresh and thaw oocyte/embryo recipient cycles, Australia and New Zealand, 2015**

## Clinical pregnancies and live deliveries from oocyte/embryo recipient cycles by type of recipient cycle

Of the 2,386 oocyte recipient cycles, 46.4% were fresh cycles and 53.6% were thaw cycles. The live delivery rate per initiated cycle was 26.2% for thawed embryos transferred from oocyte recipient cycles, higher than for fresh oocyte recipient cycles (18.2%).

All 442 embryo recipient cycles were thaw cycles. The overall live delivery rate per initiated cycle was 17.4% for embryo recipient cycles (Table 19).

**Table 19: Outcomes of oocyte/embryo recipient cycles by treatment type, Australia and New Zealand, 2015**

Stage/outcome of treatment	Oocyte recipient		Embryo recipient	All
	Fresh	Thaw		
Initiated cycles	1,106	1,280	442	2,828
Embryo transfer cycles	658	1,222	416	2,296
Clinical pregnancies	247	414	100	761
Live deliveries	201	335	77	613
<i>Live deliveries per initiated cycle (%)</i>	<i>18.2</i>	<i>26.2</i>	<i>17.4</i>	<i>21.7</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>30.5</i>	<i>27.4</i>	<i>18.5</i>	<i>26.7</i>
<i>Live deliveries per clinical pregnancy (%)</i>	<i>81.4</i>	<i>80.9</i>	<i>77.0</i>	<i>80.6</i>

## Clinical pregnancies and live deliveries from oocyte/embryo recipient cycles by recipient's age

The clinical pregnancy and live delivery rates of recipient cycles varied by recipient's age group. The overall live delivery rate per initiated cycle was 21.7%, varying between 19.5% and 25.0% by recipient's age group (Table 20).

**Table 20: Outcomes of oocyte/embryo recipient cycles by recipient's age group, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>					All
	< 30	30–34	35–39	40–44	≥ 45	
Initiated cycles	96	351	558	1102	721	2,828
Embryo transfer cycles	74	276	448	898	600	2,296
Clinical pregnancies	25	92	139	309	196	761
Live deliveries	24	80	109	251	149	613
<i>Live deliveries per initiated cycle (%)</i>	<i>25.0</i>	<i>22.8</i>	<i>19.5</i>	<i>22.8</i>	<i>20.7</i>	<i>21.7</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>32.4</i>	<i>29.0</i>	<i>24.3</i>	<i>28.0</i>	<i>24.8</i>	<i>26.7</i>
<i>Live deliveries per clinical pregnancy (%)</i>	<i>96.0</i>	<i>87.0</i>	<i>78.4</i>	<i>81.2</i>	<i>76.0</i>	<i>80.6</i>

(a) Recipient age at start of a treatment cycle.

## Clinical pregnancies and live deliveries from oocyte/embryo recipient cycles by donor's age

Advancing donor's age was associated with a decrease in the live delivery rate (Table 21). The live delivery rate per initiated cycle in which the donor's age was under 40 was 22.4% compared to 8.1% for cycles in which the donor's age was 40 years or more (Table 21).

**Table 21: Outcomes of oocyte/embryo recipient cycles by donor's age group, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>				All <sup>(b)</sup>
	< 30	30–34	35–39	≥ 40	
Initiated cycles	814	901	927	160	2,828
Embryo transfer cycles	691	727	749	106	2,296
Clinical pregnancies	241	259	225	25	761
Live deliveries	202	208	183	13	613
<i>Live deliveries per initiated cycle (%)</i>	<i>24.8</i>	<i>23.1</i>	<i>19.7</i>	<i>8.1</i>	<i>21.7</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>29.2</i>	<i>28.6</i>	<i>24.4</i>	<i>12.3</i>	<i>26.7</i>
<i>Live deliveries per clinical pregnancy (%)</i>	<i>83.8</i>	<i>80.3</i>	<i>81.3</i>	<i>52.0</i>	<i>80.6</i>

(a) Donor age at start of a treatment cycle.

(b) Includes cycles where donor's age was not stated.

## Clinical pregnancies and live deliveries from oocyte/embryo recipient cycles by number of embryos transferred

Of the 2,296 oocyte/embryo recipient cycles where embryos were transferred, 86.0% were SET, 13.9% were DET and four cycles (0.1%) transferred three embryos.

Overall the live delivery rate per oocyte/embryo recipient cycle where embryos were transferred was similar between SET and DET cycles (26.5% and 27.7% respectively). However, differences were noted between age groups (Table 22).

**Table 22: Outcomes of oocyte/embryo recipient cycles by recipient's age and number of embryos transferred, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>							
	< 35		35–39		≥ 40		All	
	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>	SET <sup>(b)</sup>	DET <sup>(c)</sup>
Embryo transfer cycles	313	37	373	74	1,288	207	1,974	318
Clinical pregnancies	101	16	114	25	435	69	650	110
Live deliveries	89	15	89	20	346	53	524	88
<i>Clinical pregnancies per embryo transfer cycle (%)</i>	32.3	43.2	30.6	33.8	33.8	33.3	32.9	34.6
<i>Live deliveries per embryo transfer cycle (%)</i>	28.4	40.5	23.9	27.0	26.9	25.6	26.5	27.7

(a) Recipient age at start of a treatment cycle.

(b) SET: single embryo transfer.

(c) DET: double embryo transfer.

## Clinical pregnancies and live deliveries from oocyte/embryo recipient cycles by stage of embryo development

The live delivery rate per oocyte/embryo recipient cycle with embryos transferred was higher for blastocyst transfer cycles than cleavage stage embryo transfer cycles regardless of a recipient's age group. Overall, the difference in live delivery rates for cleavage stage embryo and blastocyst transfer cycles was 15.0 percentage points (15.7% and 30.7% respectively) (Table 23).

**Table 23: Outcomes of oocyte/embryo recipient cycles by recipient's age and stage of embryo development, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>							
	< 35		35–39		≥ 40		All	
	CL <sup>(b)</sup>	BL <sup>(c)</sup>	CL <sup>(b)</sup>	BL <sup>(c)</sup>	CL <sup>(b)</sup>	BL <sup>(c)</sup>	CL <sup>(b)</sup>	BL <sup>(c)</sup>
Embryo transfer cycles	92	258	111	337	403	1095	606	1,690
Clinical pregnancies	20	97	23	116	87	418	130	631
Live deliveries	18	86	19	90	58	342	95	518
<i>Clinical pregnancies per embryo transfer cycle (%)</i>	<i>21.7</i>	<i>37.6</i>	<i>20.7</i>	<i>34.4</i>	<i>21.6</i>	<i>38.2</i>	<i>21.5</i>	<i>37.3</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>19.6</i>	<i>33.3</i>	<i>17.1</i>	<i>26.7</i>	<i>14.4</i>	<i>31.2</i>	<i>15.7</i>	<i>30.7</i>

(a) Recipient age at start of a treatment cycle.

(b) CL: cleavage stage embryo.

(c) BL: blastocyst.

## Clinical pregnancies and live deliveries from oocyte/embryo recipient cycles by stage of embryo development and embryo freezing methods

More than three-quarters (82.8%) of oocyte/embryo recipient thaw cycles where a blastocyst was transferred used vitrified embryos, compared with 15.0% of cycles where a cleavage stage embryo was transferred. The live delivery rate was comparable for the transfer of vitrified and slow frozen blastocysts (29.5% and 29.8%) and comparable for slow frozen and vitrified cleavage stage embryos (11.8% and 11.5%) (Table 24).

**Table 24: Outcomes of oocyte/embryo recipient thaw cycles by stage of embryo development and embryo freezing methods, Australia and New Zealand, 2015**

Stage/outcome of treatment	Stage of embryo development					
	Cleavage embryo		Blastocyst <sup>(b)</sup>		All <sup>(a)</sup>	
	Slow freezing	Vitrification	Slow freezing	Vitrification <sup>(c)</sup>	Slow freezing	Vitrification
Embryo transfer cycles	346	61	208	1,001	554	1,062
Clinical pregnancies	57	11	76	361	133	372
Live deliveries	41	7	62	295	103	302
<i>Clinical pregnancies per embryo transfer cycle (%)</i>	<i>16.5</i>	<i>18.0</i>	<i>36.5</i>	<i>36.1</i>	<i>24.0</i>	<i>35.0</i>
<i>Live deliveries per embryo transfer cycle (%)</i>	<i>11.8</i>	<i>11.5</i>	<i>29.8</i>	<i>29.5</i>	<i>18.6</i>	<i>28.4</i>

(a) Excludes 22 embryo recipient cycles where the method of cryopreservation is unknown

(b) Includes 2 cycles where both blastocyst and cleavage stage embryos were transferred

(c) Includes 17 cycle where both vitrified and slow frozen embryos were transferred



## 4 Pregnancy and birth outcomes following autologous and recipient embryo transfer cycles in 2015

### 4.1 Clinical pregnancies

#### Clinical pregnancies overview

There were 55,357 autologous and recipient embryo transfer cycles undertaken in Australian and New Zealand fertility centres, of which 17,659 resulted in a clinical pregnancy. Of these clinical pregnancies, 15,906 (90.1%) were reported from fertility centres in Australia and 1,753 (9.9%) from New Zealand centres. Clinical pregnancies that resulted from other cycles are described in Chapter 5.

Of the 17,659 clinical pregnancies, 79.9% resulted in a delivery and 19.0% resulted in early pregnancy loss (less than 20 weeks gestation and less than 400 grams birthweight). The outcomes of 193 (1.1%) clinical pregnancies were not known because women could not be followed up or contacted by fertility centres.

#### Fetal hearts by number of embryos transferred

Of the 17,659 clinical pregnancies, 85.0% had one fetal heart (single fetus) detected, 4.2% had multiple fetal hearts (multiple fetuses) detected and 8.9% had no fetal heart detected at the time of ultrasound (Table 25). Multiple fetuses are closely related to the number of embryos transferred in ART treatment. Two fetal hearts were detected in 19.0% of clinical pregnancies following DET cycles compared with in 2.0% of clinical pregnancies following SET cycles (Table 25).

**Table 25: Clinical pregnancies by number of fetal hearts and number of embryos transferred, Australia and New Zealand, 2015**

Number of fetal hearts	One embryo		Two embryos		Three or more embryos		All	
	n	%	n	%	n	%	n	%
0 <sup>(a)</sup>	1,347	8.7	230	10.6	2	5.9	1,579	8.9
1	13,550	87.6	1,443	66.7	22	64.7	15,015	85.0
2	305	2.0	412	19.0	5	14.7	722	4.1
3 or 4	11	0.1	9	0.4	1	2.9	21	0.1
Not stated	248	1.6	70	3.2	4	11.8	322	1.8
<b>Total</b>	<b>15,461</b>	<b>100.0</b>	<b>2,164</b>	<b>100.0</b>	<b>34</b>	<b>100.0</b>	<b>17,659</b>	<b>100.0</b>

(a) No fetal heart detected at the time of ultrasound.

## Early pregnancy loss

There were 3,364 early pregnancy losses (less than 20 weeks gestation and less than 400 grams birthweight) following embryo transfers, representing 19.0% of clinical pregnancies.

**Table 26: Early pregnancy loss by pregnancy outcome and maternal age and number of embryos transferred, Australia and New Zealand, 2015**

Pregnancy outcome	Age group (years)								
	< 35			35–39			≥ 40		
	One embryo	Two embryos	All <sup>(a)</sup>	One embryo	Two embryos	All <sup>(a)</sup>	One embryo	Two embryos	All <sup>(a)</sup>
n									
Early pregnancy loss	1,113	87	1,200	1,074	200	1,274	630	250	890
<i>Miscarriage</i>	1,002	69	1,071	987	180	1,167	587	234	830
<i>Reduction or termination</i>	40	4	44	34	7	41	22	7	30
<i>Ectopic or heterotopic pregnancy</i>	71	14	85	53	13	66	21	9	30
Not stated	106	8	114	50	8	58	20	6	28
Delivery	6,699	602	7,303	4,369	638	5,007	1,400	365	1,785
<b>Total</b>	<b>7,918</b>	<b>697</b>	<b>8,617</b>	<b>5,493</b>	<b>846</b>	<b>6,339</b>	<b>2,050</b>	<b>621</b>	<b>2,703</b>
%									
Early pregnancy loss	14.1	12.5	13.9	19.6	23.6	20.1	30.7	40.3	32.9
<i>Miscarriage</i>	12.7	9.9	12.4	18	21.3	18.4	28.6	37.7	30.7
<i>Reduction or termination</i>	0.5	0.6	0.5	0.6	0.8	0.6	1.1	1.1	1.1
<i>Ectopic or heterotopic pregnancy</i>	0.9	2.0	1.0	1.0	1.5	1.0	1.0	1.4	1.1
Not stated	1.3	1.1	1.3	0.9	0.9	0.9	1.0	1.0	1.0
Delivery	84.6	86.4	84.8	79.6	75.4	79	68.5	58.9	66.1
<b>Total</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>

(a) Includes three or more embryos.

## 4.2 Deliveries

There were 14,095 women who gave birth to at least one baby of 20 weeks or more gestation or at least 400 grams birthweight following embryo transfer cycles. Of these, 99.2% (13,988) gave birth to at least one liveborn baby (live delivery). The proportion of term live deliveries ( $\geq 37$  weeks) among all deliveries was higher for autologous cycles than for oocyte/embryo recipient cycles (Table 27).

**Table 27: Deliveries by delivery outcome and treatment type, Australia and New Zealand, 2015**

Pregnancy outcome	Autologous				Oocyte /embryo recipient		All	
	Fresh		Thaw		n	%	n	%
	n	%	n	%				
Live delivery	6,408	99	6,967	99.3	613	99.5	13,988	99.3
< 37 weeks	829	12.8	771	11	128	20.8	1,728	12.3
$\geq 37$ weeks	5,576	86.2	6,195	88.3	485	78.7	12,256	87.0
Gestational age unknown	3	0.0	1	0.0	0	0	4	0
Stillbirth <sup>(a)</sup>	46	0.7	37	0.5	3	0.5	86	0.6
Not stated	10	0.2	14	0.2	0	0.0	21	0.1
<b>Total</b>	<b>6,464</b>	<b>100.0</b>	<b>7,015</b>	<b>100.0</b>	<b>616</b>	<b>100.0</b>	<b>14,095</b>	<b>100.0</b>

(a) Stillbirth (fetal death) is reported by patients to fertility centre staff. These data are not official vital statistics.

## Deliveries by number of embryos transferred

Of the 14,095 deliveries, 4.4% had multiple deliveries (Table 28), a lower proportion than in 2014 (4.9%) (Harris et al. 2016). By comparison, the proportion of multiple deliveries in Australia from all conceptions in 2014 was 1.5% (AIHW, 2016).

Twin deliveries accounted for 4.3% of deliveries following embryo transfer cycles in 2015. Of twin deliveries, 57.9% resulted from the transfer of two or more embryos. Of the 1,605 deliveries following DET cycles, 21.8% were twins, markedly higher than the proportion following SET cycles (2.1%) (Table 28).

**Table 28: Deliveries by gestation and type of embryo transfer and number of embryos transferred, Australia and New Zealand, 2015**

Gestation	Fresh			Thaw			All
	SET	DET	Three or more embryos	SET	DET	Three or more embryos	
n							
Singleton	5,631	714	14	6,572	534	4	13,469
Multiple	110	193	4	155	164	0	625
<i>Twin</i>	<i>110</i>	<i>190</i>	<i>4</i>	<i>148</i>	<i>160</i>	<i>0</i>	<i>612</i>
<i>Higher order multiple</i>	<i>0</i>	<i>3</i>	<i>0</i>	<i>7</i>	<i>4</i>	<i>0</i>	<i>14</i>
<b>Total</b>	<b>5,741</b>	<b>907</b>	<b>18</b>	<b>6,727</b>	<b>698</b>	<b>4</b>	<b>14,095</b>
%							
Singleton	98.1	78.7	77.8	97.7	76.5	100.0	95.6
Multiple	1.9	21.2	22.2	2.3	23.5	0.0	4.4
<i>Twin</i>	<i>1.9</i>	<i>20.9</i>	<i>22.2</i>	<i>2.2</i>	<i>22.9</i>	<i>0.0</i>	<i>4.3</i>
<i>Higher order multiple</i>	<i>0.0</i>	<i>0.3</i>	<i>0.0</i>	<i>0.1</i>	<i>0.6</i>	<i>0.0</i>	<i>0.1</i>
<b>Total</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>

## Deliveries by maternal age

The average age of women at the time of delivery was 35.3 years. This is five years older than the average age (30.2 years) of women who gave birth in Australia in 2014 (AIHW, 2016).

Multiple delivery rates were similar across age groups, where women aged 35–39 years had the lowest multiple delivery rate (4.2%) and women aged 40 years or over had the highest multiple delivery rate (5.1%). Of deliveries following DET, the proportion of multiple deliveries was higher for women aged under 35 (27.5%) compared with women aged 35–39 (21.3%) and women aged 40 or older (17.2%) (Table 29).

**Table 29: Deliveries by gestation and maternal age group and number of embryos transferred, Australia and New Zealand, 2015**

Gestation	Age group (years) <sup>(a)</sup>								
	< 35			35–39			≥ 40		
	One embryo	Two embryos	All <sup>(b)</sup>	One embryo	Two embryos	All <sup>(b)</sup>	One embryo	Two embryos	All <sup>(b)</sup>
n									
Singleton	5,779	385	6,166	4,630	493	5,123	1,794	370	2,180
Multiple	136	146	282	91	134	225	38	77	119
Twin	133	143	276	88	130	218	37	77	118
Higher order multiple	3	3	6	3	4	7	1	0	1
<b>Total</b>	<b>5,915</b>	<b>531</b>	<b>6,448</b>	<b>4,721</b>	<b>627</b>	<b>5,348</b>	<b>1,832</b>	<b>447</b>	<b>2,299</b>
%									
Singleton	97.7	72.5	95.6	98.1	78.6	95.8	97.9	82.8	94.8
Multiple	2.3	27.5	4.4	2	21.3	4.2	2.1	17.2	5.1
Twin	2.2	26.9	4.3	1.9	20.7	4.1	2	17.2	5.1
Higher order multiple	0.1	0.6	0.1	0.1	0.6	0.1	0.1	0	0
<b>Total</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>

(a) Age at time of delivery.

(b) Includes three or more embryos.

## Caesarean section

Nearly half (49.2%) of deliveries following embryo transfer cycles were by caesarean section (Table 30). The rate of caesarean section following ART treatment may be related to the fact that women were five years older on average and that there were more multiple births following ART treatment.

The caesarean section rate increased with advancing women's age at delivery: 37.4% of women aged less than 30 had a caesarean section compared with 77.5% of women aged 45 or older (Table 30).

The caesarean section rate varied by plurality, with 47.7% for singleton deliveries, 80.0% for twin deliveries and 85.7% for triplet deliveries.

**Table 30: Deliveries by method of delivery and maternal age group, Australia and New Zealand, 2015**

Method of delivery	Age group (years) <sup>(a)</sup>					Total
	< 30	30–34	35–39	40–44	≥ 45	
	n					
Caesarean section	596	2,167	2,670	1,312	186	6,931
Not stated	62	171	135	40	4	412
Other	934	2,518	2,543	707	50	6,752
<b>Total</b>	<b>1,592</b>	<b>4,856</b>	<b>5,348</b>	<b>2,059</b>	<b>240</b>	<b>14,095</b>
	%					
Caesarean section	37.4	44.6	49.9	63.7	77.5	49.2
Not stated	3.9	3.5	2.5	1.9	1.7	2.9
Other	58.7	51.9	47.6	34.4	20.8	47.9
<b>Total</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>

(a) Age at time of delivery.

## 4.3 Perinatal outcomes of babies

The babies described in this section were those born at 20 weeks or more gestational age or at least 400 grams birthweight following autologous and recipient embryo transfer cycles. The outcomes of babies born from other cycles are described in Chapter 5.

There were 14,735 babies born to women who had autologous and recipient embryo transfer cycles, 90.3% (13,300) were reported from fertility centres in Australia and 9.7% (1,435) from fertility centres in New Zealand. Of the 14,735 babies, 91.4% were singletons, 8.3% were twins and 0.2% were triplets. There were 14,600 liveborn babies (99.1%). The birth status was not reported for 21 (0.1%) babies.

### Sex distribution in liveborn babies

There were 7,594 (52.0%) liveborn male babies, 6,975 (47.8%) liveborn female babies and 31 (0.2%) liveborn babies where sex was not stated. For the 14,569 liveborn babies where the baby's sex was stated, the sex ratio was 108.9 male babies for every 100 female babies, higher than the ratio for all Australian liveborn babies born in 2014 (105.5) (AIHW, 2016).

Liveborn babies following cleavage stage embryo transfers had a sex ratio of 100.5 male babies for every 100 female babies. Liveborn babies following blastocyst transfers had a sex ratio of 110.6 male babies for every 100 female babies. In comparison, in 2014, liveborn babies following cleavage stage embryo transfers had a sex ratio of 100.4 male babies for every 100 female babies, and liveborn babies following blastocyst transfers had a sex ratio of 108.4 male babies for every 100 female babies (Harris et al. 2016).

## Gestational age of babies

The average gestational age of babies born following autologous and recipient embryo transfer cycles was 38.1 weeks (Table 31). This is lower than the average gestational age of 38.6 weeks for all babies born in Australia in 2014 (AIHW, 2016).

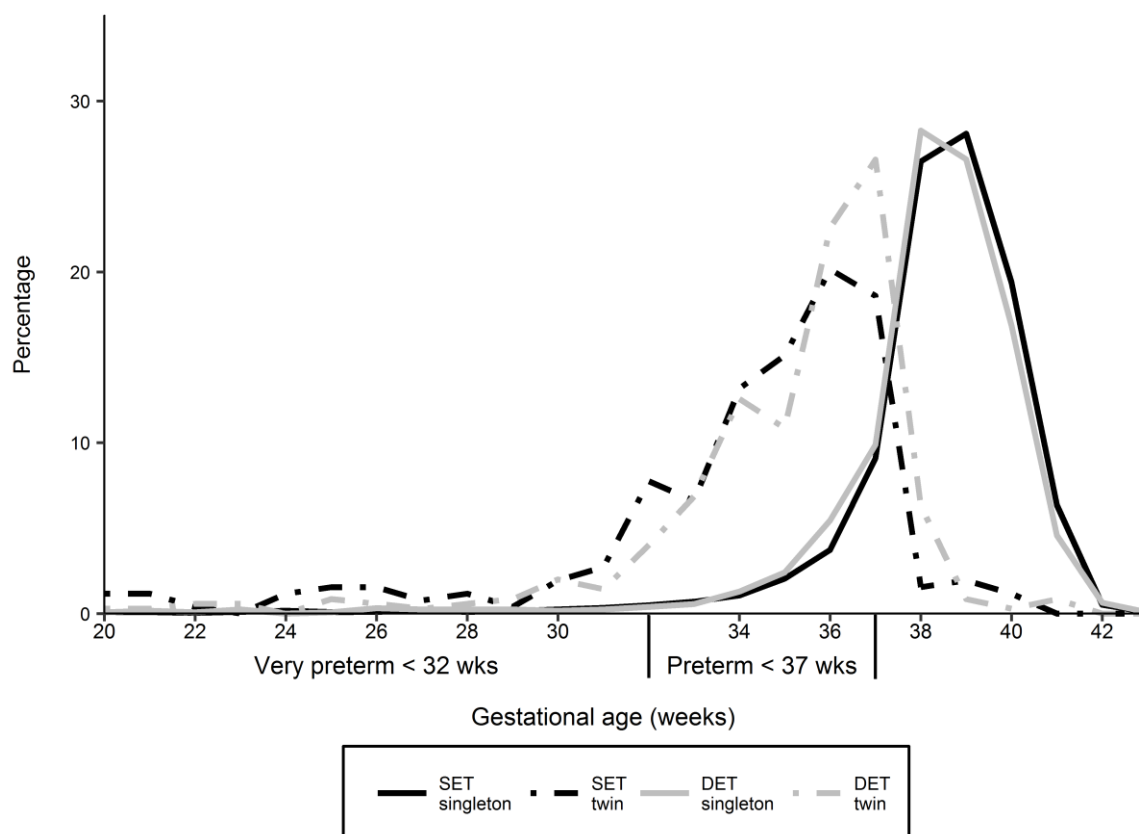
Nearly one in six babies (15.4%) were preterm (less than 37 weeks gestation), which was markedly higher than the proportion of preterm babies (8.6%) born in Australia in 2014 (AIHW, 2016). For ART singletons and twins, 10.1% and 70.1% were preterm compared with 7% and 63% of babies born in Australia in 2014 (AIHW, 2016).

**Table 31: Babies by gestational age and plurality, Australia and New Zealand, 2015**

Gestational age (weeks)	Singletons		Twins		Higher order multiples		Total	
<i>Mean</i>	38.4		34.9		32.2		38.1	
	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>
≤ 27	146	1.1	66	5.2	6	14.3	218	1.5
28–31	110	0.8	68	5.6	3	7.1	181	1.2
32–36	1,109	8.2	724	59.2	33	78.6	1,866	12.7
≤ 36	1,366	10.1	856	70.0	42	100.0	2,264	15.4
≥ 37	12,100	89.8	366	30.0	0	0.0	12,466	84.6
Not stated	4	0.0	0	0.0	0	0.0	4	0.0
<b>Total</b>	13,469	100.0	1,224	100.0	42	100.0	14,735	100.0



Figure 7 shows the distribution of gestational age for singletons and twins born to women who had autologous and recipient embryo transfer cycles in 2015. Singletons following SET cycles had a lower proportion of preterm birth (9.9%) than singletons following DET cycles (12.7%). The overall proportions of preterm singletons (10.2%) and twins (70.0%) born to women who had embryo transfer cycles in 2015 were higher than the overall proportions of preterm singletons and twins born in Australia in 2013 (7% and 63% respectively) (AIHW, 2016).



**Figure 7: Percentage of babies born following embryo transfer cycles by gestational age, Australia and New Zealand, 2015**

## Birthweight of liveborn babies

The average birthweight for liveborn babies to women who had autologous and recipient embryo transfer cycles was 3,219 grams. More than one in ten (11.2%) of these babies were low birthweight (less than 2,500 grams) (Table 32).

The average birthweight was 3,305 grams and 2,299 grams for liveborn ART singletons and twins respectively. These were slightly lower than the mean birthweight of all liveborn singletons (3,380 grams) and twins (2,347 grams) in Australia in 2014 (AIHW, 2016). Low birthweight was reported for 6.7% of liveborn singletons following SET and 8.3% of liveborn singletons following DET in comparison with 6.4% of singleton births in Australia in 2014 (AIHW, 2016). For ART twins 58.7% were reported as low birthweight in comparison with 55.6% of twin births in Australia in 2014 (AIHW, 2016).

**Table 32: Liveborn babies by birthweight group and plurality, Australia and New Zealand, 2015**

Birthweight (grams)	Singletons		Twins	Higher order multiples	Total <sup>(c)</sup>
	SET <sup>(a)</sup>	DET <sup>(b)</sup>			
	n				
< 1,000	53	9	40	4	107
1,000–1,499	70	7	66	3	146
1,500–1,999	155	15	190	24	384
2,000–2,499	529	72	401	8	1,011
< 2,500	807	103	697	39	1,648
2,500–2,999	1,992	247	347	0	2,588
3,000–3,499	4,549	437	98	0	5,093
3,500–3,999	3,442	326	17	0	3,788
≥ 4,000	1,145	96	0	0	1,243
Not stated	184	28	28	0	240
<b>Total</b>	<b>12,119</b>	<b>1,237</b>	<b>1,187</b>	<b>39</b>	<b>14,600</b>
	%				
< 1,000	0.4	0.7	3.4	10.3	0.7
1,000–1,499	0.6	0.6	5.6	7.7	1.0
1,500–1,999	1.3	1.2	16.0	61.5	2.6
2,000–2,499	4.4	5.8	33.8	20.5	6.9
< 2,500	6.7	8.3	58.8	100.0	11.2
2,500–2,999	16.4	20.0	29.2	0.0	17.7
3,000–3,499	37.5	35.3	8.3	0.0	34.9
3,500–3,999	28.4	26.4	1.4	0.0	25.9
≥ 4,000	9.4	7.8	0.0	0.0	8.5
Not stated	1.5	2.3	2.4	0.0	1.6
<b>Total</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>

(a) SET: single embryo transfer.

(b) DET: double embryo transfer.

(c) Included singletons following transfer of three or more embryos.

## Perinatal mortality

Perinatal mortality is a summary measure of stillbirths (fetal deaths) and neonatal deaths (defined as the death of liveborn infants within 28 days of birth).

There were 144 reported perinatal deaths, including 114 stillbirths and 30 neonatal deaths. The perinatal mortality rate in 2015 was 9.8 deaths per 1,000 births (Table 33), which was similar to the rate of 9.6 per 1,000 births for all births in Australia in 2014 (AIHW, 2016). Singletons had a markedly lower perinatal mortality rate (6.9 deaths per 1,000 births) compared with multiples (41.1 deaths per 1,000 births) (Table 33).

These data should be interpreted with caution because of the small numbers and potential variability in case reporting, which is compounded by the self-reported nature of ART birth outcome data. In 2015, information relating to pregnancy outcomes was not stated for 1.1% of clinical pregnancies.

**Table 33: Perinatal mortality of babies by type of death and plurality, Australia and New Zealand, 2015**

Plurality	All births	Live births	Stillbirths <sup>(a)</sup>		Neonatal Deaths		Perinatal Deaths <sup>(b)</sup>	
			n	Rate <sup>(c)(e)</sup>	n	Rate <sup>(d)(f)</sup>	n	Rate <sup>(c)(g)</sup>
Singletons	13,469	13,374	74	5.5	18	1.3	92	6.8
Multiples	1,266	1,226	40	31.6	12	9.8	52	41.1
<b>Total</b>	<b>14,735</b>	<b>14,600</b>	<b>114</b>	<b>7.7</b>	<b>30</b>	<b>2.1</b>	<b>144</b>	<b>9.8</b>

(a) Stillbirth (fetal death) is reported by patients to fertility centre staff. These data are not official vital statistics.

(b) Perinatal deaths are reported by patients to fertility centre staff. These data are not official vital statistics.

(c) Stillbirth and perinatal mortality rates were calculated using all births (live births and stillbirths) as the denominator.

(d) Neonatal death rate was calculated using live births as the denominator.

(e) Stillbirths per 1,000 births

(f) Neonatal deaths per 1,000 live births

(g) Perinatal deaths per 1,000 births

Note: The birth status was not reported for 21 babies.

## 5 Other cycle types, procedures and treatment complications in 2015

### 5.1 Gestational surrogacy cycles

Gestational surrogacy is an arrangement where a woman, known as the 'gestational carrier', agrees to carry a child for another person or couple, known as the 'intended parent(s)', with the intention that the child will be raised by the intended parent(s). The oocytes and/or sperm used to create the embryo(s) in the surrogacy cycle can be either from the intended parents or from a donor(s).

There were 250 gestational surrogacy cycles in 2015, including 190 gestational carrier cycles and 60 commissioning cycles. Commissioning cycles include a variety of cycle types involved in the provision of oocytes or embryos by either the intended parents or donors. Among the 190 gestational carrier cycles, 151 (94.4%) involved the transfer of at least one embryo, 67 (41.9%) resulted in a clinical pregnancy and 52 (32.5%) resulted in a live delivery.

### 5.2 Preimplantation genetic testing

Preimplantation genetic testing (PGT) is a procedure where DNA from oocytes or embryos is tested for chromosomal disorders or genetic diseases before embryo transfer. This term includes pre-implantation genetic diagnosis (PGD) and pre-implantation genetic screening (PGS). The indication for PGT is not recorded in ANZARD. The number of cycles where PGT was performed in 2015 increased by 67.4% from 3,448 in 2014 (Harris et al. 2016) to 5,773 in 2015 (Table 34). Among the 5,773 PGT cycles, 2,101 (36.4%) were part of a *freeze-all* cycle. Almost two thirds (65.4%) of the 5,773 cycles where PGT was performed were in woman aged 35 or older. Of the 5,773 PGT cycles, 45.3% (2,615) had embryos transferred and resulted in 1,073 clinical pregnancies and 902 live deliveries. The clinical pregnancy rate and live deliveries rate per embryo transfer were 41.0% and 34.5% respectively.

**Table 34: Number of cycles with PGT by type of embryo, Australia and New Zealand, 2015**

Type of embryo	Stage of treatment	
	Number of cycles with embryo fertilised/thawed	Number of cycles with PGT
Fresh	38,089	3,618
Freeze-all cycles	7,123	2,101
Thaw	29,161	2,155
<b>Total</b>	<b>67,250</b>	<b>5,773</b>

## 5.3 Assisted hatching

Assisted hatching is an ART procedure where the outer layer of the embryo, the zona pellucida, is either thinned or perforated in the laboratory to aid 'hatching' of the embryo.

There were 3,008 assisted hatching cycles reported in 2015 that did not occur in a PGT cycle. Of these, 2,618 (87.0%) had embryos transferred, resulting in 746 (24.8%) clinical pregnancies and 589 (19.6%) live deliveries. There were 623 babies born following assisted hatching cycles, including 557 singletons, 60 twins and 6 triplets.

## 5.4 GIFT cycles

Gamete intrafallopian transfer (GIFT) is an ART treatment where mature oocytes and sperm are placed directly into a woman's fallopian tubes. In 2015, there were 4 GIFT cycles, none of which resulted in a clinical pregnancy.

## 5.5 Ovarian hyperstimulation syndrome

Ovarian hyperstimulation syndrome (OHSS) is a complication of controlled ovarian stimulation where excessive follicles are produced with high levels of oestrogen secretion.

Cases of OHSS that require hospitalisation are reported by patients and clinicians, and validated against hospital records by fertility centre staff. There were 211 OHSS cases reported in 2015 that were admitted to hospital. A higher number of oocytes retrieved at OPU was associated with OHSS (Table 35). Caution should be used when interpreting these data because OHSS is not consistently reported.

**Table 35: Number of cycles with OPU performed and OHSS by number of oocytes collected, Australia and New Zealand, 2015**

	Number of oocytes collected						All
	None	1–4	5–9	10–14	15–19	≥ 20	
Cycles with OHSS	0	7	28	52	63	90	240
Cycles with OPU	937	10,497	15,270	9,196	4,159	2,878	42,937
OHSS per OPU cycle (%)	0.0	0.1	0.2	0.6	1.5	3.1	0.6

## 6 Donor sperm insemination cycles in 2015

Donor sperm insemination (DI) covers a range of techniques of placing sperm into the female genital tract using donated sperm from a man who is not the woman's partner. The information presented in this section only describes DI cycles undertaken in fertility centres in Australia and New Zealand, and does not include DI undertaken outside of this setting.

### Number and outcomes of DI cycles

In 2015, there were 2,838 DI cycles reported, which included 27.4% (778) undertaken with controlled ovarian hyperstimulation and 72.6% (2,060) undertaken in unstimulated cycles. Of all DI cycles, 14.8% resulted in a clinical pregnancy and 11.8% resulted in a live delivery (Table 36). The multiple birth rate following DI cycles was 4.0%.

The average age of women who had a DI cycle was 34.7. The clinical pregnancy rate and live delivery rate was highest in women aged under 35 and decreased with advancing women's age. Of the DI cycles in women aged under 35, 14.2% resulted in a live delivery, compared with 3.6% of DI cycles in women aged 40 or older (Table 36).

**Table 36: Outcomes of DI cycles by women's age group, Australia and New Zealand, 2015**

Stage/outcome of treatment	Age group (years) <sup>(a)</sup>				Total
	< 30	30–34	35–39	≥ 40	
DI cycles	393	965	1,036	444	2,838
Clinical pregnancies	74	169	146	32	421
Live deliveries	64	132	121	17	334
<i>Clinical pregnancies per DI cycle (%)</i>	<i>18.8</i>	<i>17.5</i>	<i>14.1</i>	<i>7.2</i>	<i>14.8</i>
<i>Live deliveries per DI cycle (%)</i>	<i>16.3</i>	<i>13.7</i>	<i>11.7</i>	<i>3.8</i>	<i>11.8</i>
<i>Live deliveries per clinical pregnancy (%)</i>	<i>86.5</i>	<i>87.1</i>	<i>82.9</i>	<i>53.1</i>	<i>79.3</i>

(a) Age at start of a treatment cycle.

## **Clinical pregnancies following DI cycles**

Of the 421 clinical pregnancies following DI cycles, 79.3% resulted in a delivery, 19.5% ended in early pregnancy loss (including 16.2% miscarriages and 1.2% ectopic/heterotopic pregnancies), and 1.4% were unknown pregnancy outcomes. Of the 339 deliveries, 324 (95.6%) were singleton deliveries and 15 (4.4%) were twin deliveries.

## **Perinatal outcomes of babies**

There were 354 babies born to women who had DI treatment, including 349 liveborn babies, 3 stillborn babies and 2 babies with an unknown outcome. Of these liveborn babies, 36 (10.3%) were born preterm (less than 37 weeks gestation). The mean birthweight of liveborn babies following DI treatment was 3,316 grams. This was higher than the mean birthweight (3,219 grams) of liveborn babies following autologous and recipient embryo transfer cycles. Twenty-six liveborn babies (7.4%) were born with low birthweight (less than 2,500 grams).

## 7 Trends in ART treatment and outcomes: 2011 – 2015

This section includes autologous cycles, donation/recipient cycles, surrogacy cycles and GIFT cycles undertaken in Australia and New Zealand from 2011 to 2015. It does not include DI cycles.

### ART treatment and outcomes

In 2015, there were 77,721 initiated ART cycles in Australia and New Zealand, a 5.6% increase on 2014. Of these initiated ART cycles, 48,367 were fresh cycles, representing an increase of 5.7% on 2014 (Table 37).

The proportion of initiated fresh cycles reaching embryo transfer has decreased from 74.7% in 2011 to 57.4% in 2015 partly due to changes in clinical practice, including increasing proportions of *freeze-all* cycles. Since 2011 there has been an average 41.2% yearly increase in the number of *freeze-all* cycles (Table 37)

Between 2011 and 2015, the clinical pregnancy and live delivery rates per initiated fresh cycle decreased from 21.9% to 17.5% and from 16.7% to 13.7% respectively. The live delivery rate per initiated fresh non *freeze-all* cycles decreased from 18.9% to 16.6% (Table 37).

**Table 37: Number of fresh cycles by stage/outcome of treatment, Australia and New Zealand, 2011 to 2015**

Stage/outcome of treatment	2011	2012	2013	2014	2015
Initiated cycles <sup>(a)</sup>	42,629	44,238	45,115	45,775	48,367
Cycles with OPU <sup>(b)</sup>	38,222	39,709	40,524	40,735	42,937
<i>Freeze-all</i> <sup>(c)</sup>	2,117	3,183	4,717	5,970	8,336
Embryo transfers	31,837	31,837	30,460	29,137	27,770
Clinical pregnancies	9,346	9,673	9,410	8,920	8,446
Live deliveries	7,117	7,275	7,230	6,903	6,628
<i>Clinical pregnancy per embryo transfer (%)</i>	29.4	30.4	30.9	30.6	30.4
<i>Clinical pregnancies per initiated cycle (%)</i>	21.9	21.9	20.9	19.5	17.5
<i>Live deliveries per embryo transfer (%)</i>	22.4	22.9	23.7	23.7	23.9
<i>Live deliveries per initiated cycle (%)</i>	16.7	16.4	16.0	15.1	13.7
<i>Live deliveries per initiated non freeze-all cycle (%)</i> <sup>(d)</sup>	18.9	17.6	17.7	17.3	16.6

(a) Included autologous cycles, oocyte donation cycles, oocyte/embryo recipient cycles, GIFT cycles and surrogacy cycles.

(b) Cycles with OPU includes cycles where no oocytes were collected during the procedure.

(c) *Freeze-all* cycles are fresh ART treatment cycles where all oocytes or embryos are cryopreserved for potential future use

(d) *Live deliveries per initiated non freeze-all cycle* is calculated using live deliveries as the numerator and initiated cycles minus *freeze-all* cycles as the denominator.



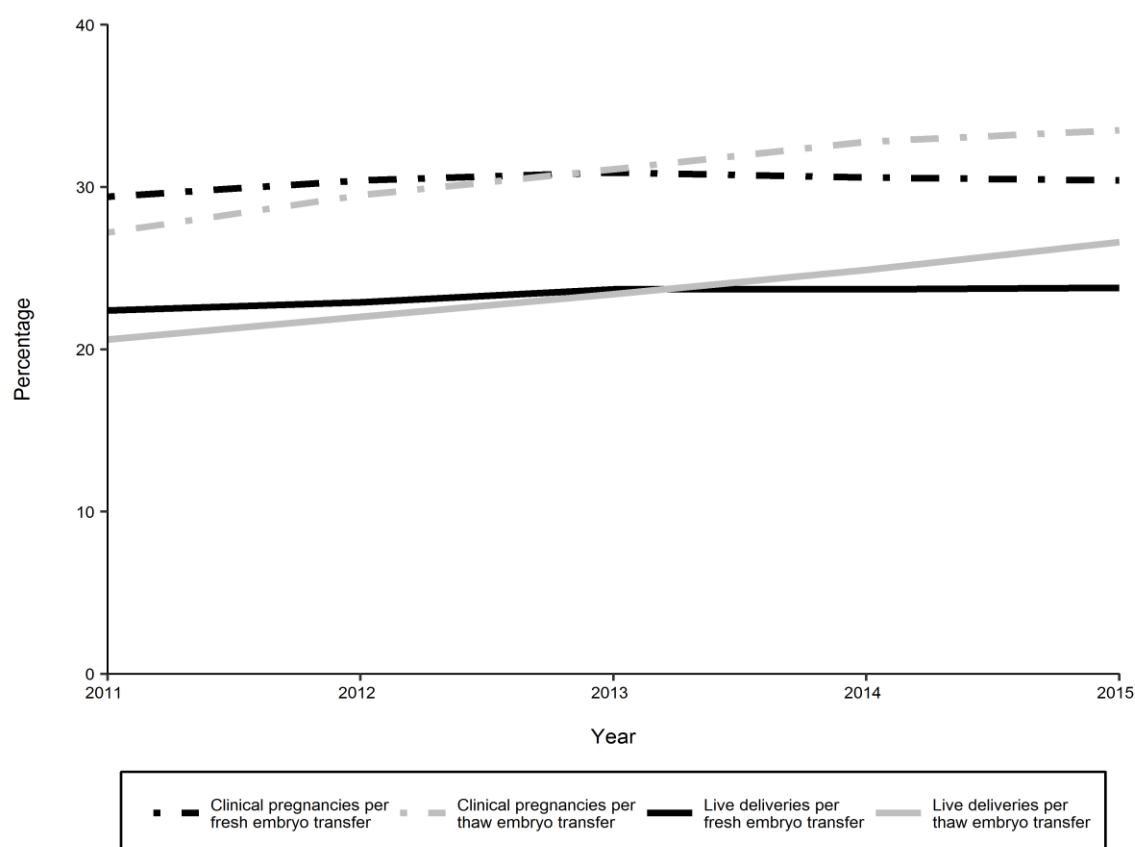
In comparison, 29,354 initiated thaw cycles were undertaken in 2015, an increase of 5.5% on 2014 (Table 38). The live delivery rate per initiated thaw cycle increased from 19.1% in 2011 to 25.3% in 2015 (Table 38).

For the period 2011 to 2015 the clinical pregnancy and live delivery rate per embryo transfer has remained stable for fresh embryo transfers while increasing for thaw embryo transfers (Figure 7).

**Table 38: Number of thaw cycles by stage/outcome of treatment, Australia and New Zealand, 2011 to 2015**

Stage/outcome of treatment	2011	2012	2013	2014	2015
Initiated cycles <sup>(a)</sup>	23,718	25,844	26,401	27,823	29,354
Embryo transfers	21,974	23,891	24,607	25,969	27,742
Clinical pregnancies	5,973	7,044	7,644	8,507	9,280
Live deliveries	4,523	5,246	5,767	6,470	7,412
<i>Clinical pregnancy per embryo transfer (%)</i>	<i>27.2</i>	<i>29.5</i>	<i>31.1</i>	<i>32.8</i>	<i>33.5</i>
<i>Clinical pregnancies per initiated cycle (%)</i>	<i>25.2</i>	<i>27.3</i>	<i>29.0</i>	<i>30.7</i>	<i>31.6</i>
<i>Live deliveries per embryo transfer (%)</i>	<i>20.6</i>	<i>22.0</i>	<i>23.4</i>	<i>24.9</i>	<i>26.7</i>
<i>Live deliveries per initiated cycle (%)</i>	<i>19.1</i>	<i>20.3</i>	<i>21.8</i>	<i>23.3</i>	<i>25.3</i>

(a) Included autologous cycles, oocyte/embryo recipient cycles and surrogacy cycles.



**Figure 8: Clinical pregnancy and live delivery rates per fresh and thaw embryo transfers, Australia and New Zealand, 2011 to 2015**

The clinical pregnancy and live delivery rates per OPU provide a cross-sectional estimate of the cumulative chances of success following a single OPU cycle. Between 2011 and 2015, the clinical pregnancy and live delivery rate from fresh and thaw cycles per OPU cycles increased from 40.1% to 41.3% and 30.5% to 32.6% respectively (Table 39).

**Table 39: Outcomes of fresh and thaw cycles following OPU, Australia and New Zealand, 2011 to 2015**

Outcome of treatment	2011	2012	2013	2014	2015
Cycles with OPU <sup>(a)</sup>	38,222	39,709	40,524	40,735	42,937
Clinical pregnancies	15,319	16,717	17,054	17,427	17,726
Live deliveries	11,640	12,521	12,997	13,373	14,040
<i>Clinical pregnancies from fresh and thaw cycles per OPU cycles<sup>(b)</sup></i>	<i>40.1</i>	<i>42.1</i>	<i>42.1</i>	<i>42.8</i>	<i>41.3</i>
<i>Live deliveries from fresh and thaw cycles per OPU cycle<sup>(c)</sup></i>	<i>30.5</i>	<i>31.5</i>	<i>32.1</i>	<i>32.8</i>	<i>32.7</i>

(a) Cycles with OPU includes cycles where no oocytes were collected during the procedure.

(b) *Clinical pregnancies from fresh and thaw cycles per OPU cycle* is calculated using live deliveries from fresh and thaw cycles as the numerator and cycles with OPU as the denominator.

(c) *Live deliveries from fresh and thaw cycles per OPU cycle* is calculated using live deliveries from fresh and thaw cycles as the numerator and cycles with OPU as the denominator.

## Multiple gestation deliveries

The decline in multiple gestation deliveries resulting from ART treatment continued in 2015. The proportion of multiple deliveries decreased from 6.9% in 2011 to 4.4% in 2015 (Table 40). The decline is primarily the result of the increasing uptake of SET (Table 44).

**Table 40: Number of deliveries following ART treatment by gestation, Australia and New Zealand, 2011 to 2015**

Gestation	2011		2012		2013		2014		2015	
	n	%	n	%	n	%	n	%	n	%
Singleton	10,977	93.1	11,919	93.5	12,460	94.4	12,900	95.1	13,519	95.6
Multiple	815	6.9	826	6.5	733	5.6	662	4.9	628	4.4
<i>Twin</i>	<i>799</i>	<i>6.8</i>	<i>807</i>	<i>6.3</i>	<i>720</i>	<i>5.5</i>	<i>647</i>	<i>4.8</i>	<i>615</i>	<i>4.3</i>
<i>Higher order multiple</i>	<i>16</i>	<i>0.1</i>	<i>19</i>	<i>0.1</i>	<i>13</i>	<i>0.1</i>	<i>15</i>	<i>0.1</i>	<i>14</i>	<i>0.1</i>
<b>Total<sup>(a)</sup></b>	<b>11,792</b>	<b>100.0</b>	<b>12,745</b>	<b>100.0</b>	<b>13,193</b>	<b>100.0</b>	<b>13,562</b>	<b>100.0</b>	<b>14,148</b>	<b>100.0</b>

(a) Includes cycles in which gestation was unknown.

## Women's age for autologous cycles

Women aged 35 to 39 were the largest age group undertaking autologous cycles between 2011 and 2015. The average age of women having autologous cycles remained relatively stable over the period ranging from 35.8 to 35.9 years. The proportion of autologous cycles in women aged 40 and older ranged from 24.8% to 25.5% between 2011 and 2015 (Table 41).

**Table 41: Number of fresh and thaw autologous cycles by women's age group, Australia and New Zealand, 2011 to 2015**

Age group (years) <sup>(a)</sup>	2011		2012		2013		2014		2015	
<i>Mean</i>	35.9		35.8		35.9		35.8		35.8	
	<u>n</u>	<u>%</u>	<u>n</u>	<u>%</u>	<u>n</u>	<u>%</u>	<u>n</u>	<u>%</u>	<u>n</u>	<u>%</u>
< 30	6,720	10.7	7,353	11	7,257	10.7	7,566	10.9	7,760	10.6
30–34	17,129	27.2	18,132	27.2	18,791	27.6	19,754	28.4	21,039	28.6
35–39	23,314	37.0	24,344	36.5	24,548	36.1	24,559	35.3	26,444	36.0
40–44	14,670	23.3	15,763	23.6	16,167	23.8	16,416	23.6	16,935	23.0
≥ 45	1,231	2.0	1,118	1.7	1,217	1.8	1,343	1.9	1,303	1.8
<b>Total</b>	<b>63,064</b>	<b>100.0</b>	<b>66,710</b>	<b>100.0</b>	<b>67,980</b>	<b>100.0</b>	<b>69,638</b>	<b>100.0</b>	<b>73,481</b>	<b>100.0</b>

## Types of ART treatment and stage of embryo development

In Australia and New Zealand, the proportion of ART embryo transfer cycles that used embryos created with ICSI remained stable around 64.0% in the period 2011-2015. The proportion of blastocyst transfer cycles increased from 57.7% in 2011 to 73.4% in 2015 (Table 42). The proportion of thaw embryo transfer cycles that used vitrified embryos increased for both cleavage stage embryos and blastocysts (Table 43 and Figure 8).

**Table 42: Number of embryo transfer cycles by treatment type, Australia and New Zealand, 2011 to 2015**

Treatment type and procedure	2011		2012		2013		2014		2015	
	n	%	n	%	n	%	n	%	n	%
<b>Fertilisation procedure</b>										
IVF	18,873	35.1	19,653	35.3	19,900	36.1	19,935	36.2	20,568	37.1
ICSI <sup>(a)</sup>	34,006	63.2	36,067	64.7	35,162	63.9	35,161	63.8	34,941	62.9
Not stated	922	1.7	2	0.0	1	0.0	4	0.0	0	0.0
<b>Total</b>	<b>53,801</b>	<b>100.0</b>	<b>55,722</b>	<b>100.0</b>	<b>55,063</b>	<b>100.0</b>	<b>55,100</b>	<b>100.0</b>	<b>55,509</b>	<b>100.0</b>
<b>Stage of embryo development</b>										
Cleavage stage	22,760	42.3	22,392	40.2	21,408	38.9	17,907	32.5	14,734	26.5
Blastocyst <sup>(b)</sup>	31,041	57.7	33,330	59.8	33,655	61.1	37,193	67.5	40,775	73.5
<b>Total</b>	<b>53,801</b>	<b>100.0</b>	<b>55,722</b>	<b>100.0</b>	<b>55,063</b>	<b>100.0</b>	<b>55,100</b>	<b>100.0</b>	<b>55,509</b>	<b>100.0</b>

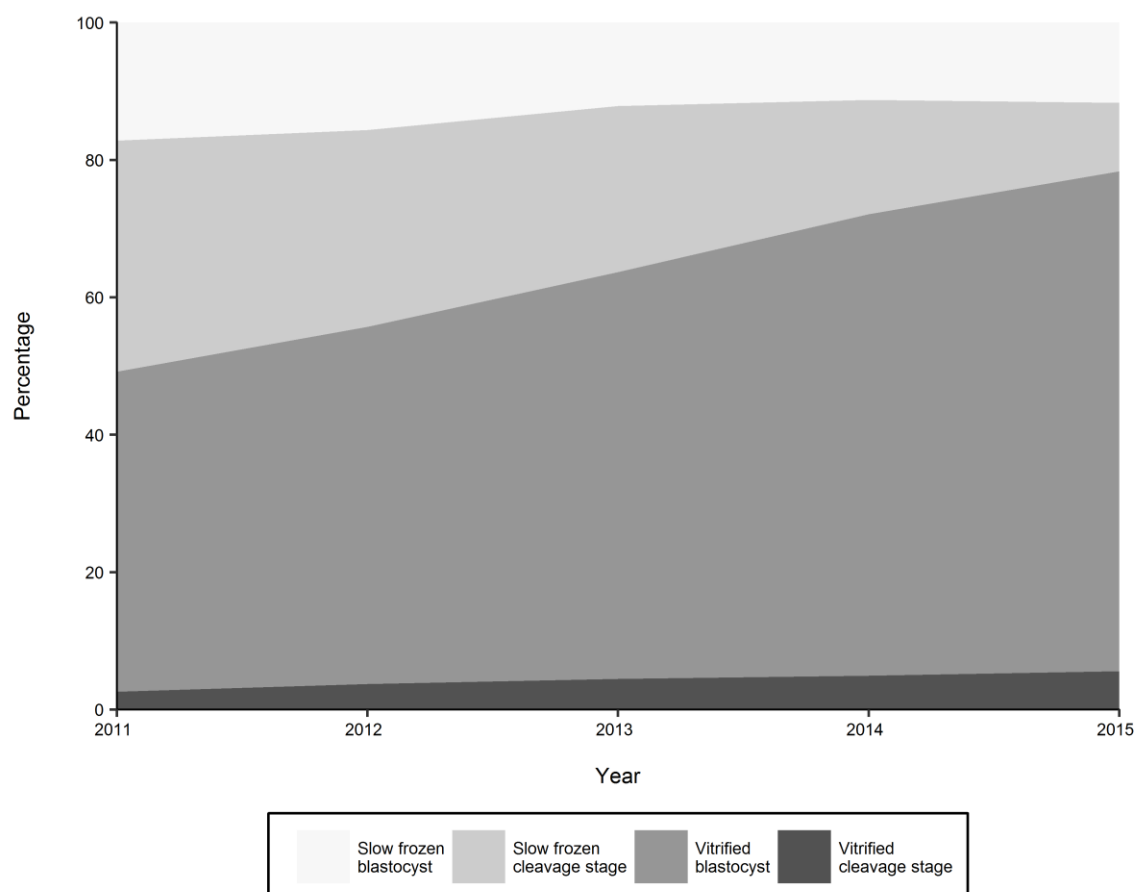
(a) Includes cycles where both ICSI and IVF fertilised embryos were transferred.

(b) Includes cycles where both cleavage stage embryos and blastocysts were transferred.

**Table 43: Number of embryo transfer cycles by cryopreservation method and stage of embryo development, Australia and New Zealand, 2011 to 2015**

Treatment type and procedure	2011		2012		2013		2014		2015	
	n	%	n	%	n	%	n	%	n	%
<b>Cleavage stage</b>										
Slow frozen	7,381	92.7	6,839	88.4	5,951	84.4	4,313	77	2,767	64.0
Vitrification <sup>(a)</sup>	573	7.2	892	11.5	1,097	15.6	1,282	22.9	1,555	36.0
Not stated	8	0.1	4	0.1	1	0.0	5	0.1	2	0.0
<b>Total</b>	<b>7,962</b>	<b>100.0</b>	<b>7,735</b>	<b>100.0</b>	<b>7,049</b>	<b>100.0</b>	<b>5,600</b>	<b>100.0</b>	<b>4,324</b>	<b>100.0</b>
<b>Blastocyst</b>										
Slow frozen	3,769	26.9	3,734	23.1	2,982	17	2,928	14.4	3,237	13.8
Vitrification <sup>(a)</sup>	10,230	73.0	12,409	76.8	14,558	82.9	17,428	85.6	20,161	86.1
Not stated	13	0.1	13	0.1	18	0.1	13	0.1	20	0.1
<b>Total</b>	<b>14,012</b>	<b>100.0</b>	<b>16,156</b>	<b>100.0</b>	<b>17,558</b>	<b>100.0</b>	<b>20,369</b>	<b>100.0</b>	<b>23,418</b>	<b>100.0</b>

(a) Includes cycles where both vitrified and slow frozen embryos were transferred.



**Figure 9: Percentage of embryo transfer cycles by cryopreservation method and stage of embryo development, Australia and New Zealand, 2011 to 2015**

## Number of embryos transferred per embryo transfer cycle

There has been an ongoing shift to SET cycles in Australia and New Zealand. In 2011, the proportion of SET cycles accounted for 73.2% of embryo transfer cycles increasing to 85.7% (Table 44).

**Table 44: Percentage of embryo transfer cycles by number of embryos transferred, Australia and New Zealand, 2011 to 2015**

Number of embryos transferred	2011	2012	2013	2014	2015
One embryo	73.2	76.3	79.2	82.9	85.7
Two embryos	26	23	20.1	16.6	14.0
Three or more embryos	0.7	0.7	0.7	0.5	0.3

## 8 Women undertaking autologous treatment in 2015

ANZARD was upgraded from a cycle-based data collection to a woman-based data collection for treatments undertaken from 2009 onwards (ANZARD2.0). This allows reporting of the number of women undergoing treatment and the number of cycles per woman over time. The upgrade to a woman-based data collection was achieved by introducing a statistical linkage key (SLK) that links successive treatment cycles undertaken by one woman. The SLK is a combination of the first two letters of a woman's first name, the first two letters of her surname and her date of birth. The SLK enables the number of women undergoing treatment across time to be reported. This section presents the number of women who underwent autologous ART treatment in 2015. The number of cycles undertaken by a woman included both fresh and thaw cycles. For some women, if their fresh cycles were undertaken in previous years, only thaw cycles were reported and presented.

### Women who undertook autologous treatment

There were 39,006 women who undertook 73,481 autologous fresh and/or thaw cycles in Australia and New Zealand in 2015. Of these women, 35,355 had treatment in Australia, 3,665 in New Zealand, and 14 had treatment in both Australia and New Zealand.

On average, 1.9 fresh and/or thaw cycles per woman were undertaken in 2015, with more cycles per woman in Australia (1.9 cycles per woman) than in New Zealand (1.6 cycles per woman). In Australia, more than half (51.1%) of the women had two or more autologous treatment cycles compared with 39.6% of women in New Zealand. In line with this, 10.3% of women in Australia had four or more cycles in 2015 compared with 4.3% of women in New Zealand (Table 45).

**Table 45: Women undertaking autologous fresh and/or thaw cycles by number of cycles, Australia and New Zealand, 2015**

Number of cycles	Australia		New Zealand		All	
	n	%	n	%	n	%
One	17,283	48.9	2,215	60.4	19,480	49.9
Two	9,665	27.3	1,002	27.3	10,666	27.3
Three	4,763	13.5	292	8.0	5,057	13.0
Four or more	3,644	10.3	156	4.3	3,803	9.7
<b>Total</b>	<b>35,355</b>	<b>100.0</b>	<b>3,665</b>	<b>100.0</b>	<b>39,006</b>	<b>100.0</b>

*Note:* Only women who undertook cycles in 2015 are included. Fourteen women had treatment in both Australia and New Zealand.



## Women who undertook autologous fresh cycles

There were 45,995 fresh cycles undertaken by 31,167 women in Australia and New Zealand in 2015; an average of 1.5 fresh cycles per woman. Younger women had fewer fresh cycles with one in five (22.4%) women aged under 30 having two or more autologous fresh cycles compared to nearly one in three (32.2%) overall. This partly reflects the higher success rate per initiated fresh autologous cycle among younger women, and the fact that younger women tend to have more cryopreserved embryos available for subsequent thaw cycles. Less than 1.0% of women aged under 30 had four or more cycles. This proportion increased to 7.3% for women aged 40 to 44 and 8.2% for women aged 45 or older (Table 46).

**Table 46: Women undertaking autologous fresh cycles by number of cycles, Australia and New Zealand, 2015**

Number of cycles	Age group (years) <sup>(a)</sup>					All
	< 30	30–34	35–39	40–44	≥ 45	
n						
One	2,947	6,774	7,177	3,928	293	21,119
Two	684	1,722	2,604	1,658	116	6,784
Three	130	508	843	734	38	2,253
Four or more	35	119	322	495	40	1,011
<b>Total</b>	<b>3,796</b>	<b>9,123</b>	<b>10,946</b>	<b>6,815</b>	<b>487</b>	<b>31,167</b>
%						
One	77.6	74.3	65.6	57.6	60.2	67.8
Two	18.0	18.9	23.8	24.3	23.8	21.8
Three	3.4	5.6	7.7	10.8	7.8	7.2
Four or more	0.9	1.3	2.9	7.3	8.2	3.2
<b>Total</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>

(a) Age at start of first autologous fresh cycle in 2015.

## Women who undertook autologous thaw cycles

There were 27,486 thaw cycles undertaken by 18,696 women in Australia and New Zealand in 2015; an average of 1.5 thaw cycles per woman. One third (35.3%) of women aged under 30 had two or more thaw cycles compared with 21.0% of women aged 45 or older (Table 47).

Advancing women's age was associated with a decrease in the proportion of women having two or more thaw cycles, while advancing women's age saw an increase in the proportion of women having two or more fresh cycles (Table 46 and Table 47).

**Table 47: Women undertaking autologous thaw cycles by number of cycles, Australia and New Zealand, 2015**

Number of cycles	Age group (years) <sup>(a)</sup>					All
	< 30	30–34	35–39	40–44	≥ 45	
n						
One	1,419	3,948	4,585	2,383	196	12,531
Two	538	1,468	1,536	694	39	4,275
Three	162	473	509	187	13	1,344
Four or more	75	187	211	73	0	546
<b>Total</b>	<b>2,194</b>	<b>6,076</b>	<b>6,841</b>	<b>3,337</b>	<b>248</b>	<b>18,696</b>
%						
One	64.7	65.0	67.0	71.4	79.0	67.0
Two	24.5	24.2	22.5	20.8	15.7	22.9
Three	7.4	7.8	7.4	5.6	5.2	7.2
Four or more	3.4	3.1	3.1	2.2	0.0	2.9
<b>Total</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>

(a) Age at start of first autologous thaw cycle in 2015.

## 9 Cycle-specific rates for women who started their first ART treatment cycle in 2013

This Chapter presents information for the cohort of women who started their first ART treatment cycle between 1 January 2013 and 31 December 2013. Women in this cohort were followed from the start of their first autologous (non *freeze-all*) fresh cycle through subsequent fresh and thaw cycles, excluding *freeze-all* cycles, until 31 December 2015 or until they achieved a live delivery (a delivery of at least one liveborn baby). This cohort was defined using the SLK described in Chapter 8.

This longitudinal perspective provides a measure of the outcomes of successive ART treatment cycles undertaken by the same woman. These women might have had additional treatment cycles after 2015 and their treatment information and resulting outcomes will be captured in subsequent annual reports. Therefore, in this dynamic cohort of women undergoing their first autologous fresh ART treatment in 2013, the cycle-specific live delivery rates may change over time as more women return for treatment at a later date.

ART treatment cycles presented in Tables 48 to 53 include all initiated autologous fresh and thaw cycles, excluding *freeze-all* cycles. Donor sperm insemination cycles, oocyte/embryo recipient cycles, oocyte/embryo donation cycles, surrogacy arrangement cycles and GIFT cycles were also excluded. A pregnancy that ended before 20 weeks or in a stillbirth (fetal death) are not counted as a live delivery.

In 2013, 16,357 women were identified as having their first ever fresh autologous cycle in that year. Information on whether a fresh cycle was a first or subsequent cycle was not available for 1,939 women representing 6.6% of all women having autologous fresh cycles in 2013. Of the 16,357 women identified as having their first fresh autologous cycle in 2013, 502 had only *freeze-all* cycles without subsequent embryo transfers, and are therefore excluded from the cycle-specific live birth rates.

Table 48 presents the number of cycles undertaken by 15,855 women who undertook their first autologous (non *freeze-all*) fresh cycle in 2013. Tables 49 to 53 present cycle-specific live delivery rates and non-progression rates for these women. The rates are presented for all women (Table 49) and by women's age group at the time of their first cycle in 2013, <30, 30–34, 35–39 and 40–44 (Tables 50 to 53). Only the first 10 cycles are presented in Tables 48 to 53 due to the small number of women (140 women and 36 live deliveries) undertaking 11 or more treatment cycles between 1 January 2013 and 31 December 2015.

The *cycle-specific live delivery* rate is calculated as the number of live deliveries in that cycle divided by the number of women who commenced ART treatment in that cycle. The *non-progression rate* for a specific cycle is calculated as the number of women who did not return for further ART treatment cycles before 31 December 2015, divided by the number of women who did not have a live delivery in that cycle.

## Number of cycles by women's age group

Table 48 presents the number of cycles by women's age group. About three-quarters (74.5%) of these women had between one and three cycles, and one-quarter (25.5%) had four or more cycles.

**Table 48 : Number of cycles by women's age group for all women who started their first autologous fresh cycle (excluding *freeze-all* cycles <sup>(a)</sup>) between 1 January 2013 and 31 December 2013, Australia and New Zealand**

Cycle number	Age group (years) <sup>(b)</sup>					All
	< 30	30-34	35-39	40-44	≥ 45	
	n					
One	1,080	1,923	1,779	924	84	5,790
Two	586	1,119	1,248	678	52	3,683
Three	329	723	810	451	25	2,338
Four	190	493	518	294	9	1,504
Five	118	281	346	193	11	949
Six	81	189	224	133	4	631
Seven	46	101	147	91	3	388
Eight	22	64	83	45	2	216
Nine	10	29	63	39	0	141
Ten or more	16	57	98	42	2	215
<b>Total</b>	<b>2,478</b>	<b>4,979</b>	<b>5,316</b>	<b>2,890</b>	<b>192</b>	<b>15,855</b>
	%					
One	43.6	38.6	33.5	32.0	43.8	36.5
Two	23.6	22.5	23.5	23.5	27.1	23.2
Three	13.3	14.5	15.2	15.6	13.0	14.7
Four	7.7	9.9	9.7	10.2	4.7	9.5
Five	4.8	5.6	6.5	6.7	5.7	6.0
Six	3.3	3.8	4.2	4.6	2.1	4.0
Seven	1.9	2.0	2.8	3.1	1.6	2.4
Eight	0.9	1.3	1.6	1.6	1.0	1.4
Nine	0.4	0.6	1.2	1.3	0.0	0.9
Ten or more	0.6	1.1	1.8	1.5	1.0	1.4
<b>Total</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>	<b>100.0</b>

(a) *Freeze-all* cycles are fresh ART treatment cycles where all oocytes or embryos are frozen and an embryo transfer does not take place.

(b) Age at start of first autologous fresh ART treatment cycle (excluding *freeze-all* cycles) undertaken in 2013.

*Note:* Women who started their first autologous fresh non-*freeze-all* ART treatment cycle between 1 January 2013 and 31 December 2013 and were followed through subsequent fresh and thaw cycles, excluding *freeze-all* cycles, until 31 December 2015 or delivery of a liveborn baby up to 31 October 2016. Totals and subtotals may not equal 100.0 due to rounding. Data should be interpreted with caution due to small numbers in certain cells.

## Cycle-specific live delivery rates

### How to interpret Tables 49 to 53

- The following tables report on women who started their first ART treatment cycle in 2013. They present the proportion of live deliveries achieved in the first and subsequent ART cycles.
- The first cycle is always a fresh ART treatment cycle, but cycles two to ten, can be either a fresh or frozen/thaw cycle.
- Only cycles undertaken in 2013–2015 are counted.
- Only the first live delivery by a woman is counted.
- The *cycle-specific rate* is the percentage of women who had a live delivery in a specific cycle after previous failed treatment attempts. For example, 16.4% of women who undertook a fifth cycle achieved a live delivery in that cycle (Table 49).
- The *non-progression rate* is the percentage of women who did not return for further ART treatment cycles before 31 December 2015. For example, 25.1% of women who did not achieve a live delivery by their fifth cycle did not return for a sixth cycle (Table 49).

**Table 49: Cycle-specific live delivery rates for all women who started their first autologous fresh cycle (excluding *freeze-all* cycles) between 1 January 2013 and 31 December 2013, Australia and New Zealand**

Cycle number <sup>(a)</sup>	Number of women starting cycle	Number of women who had a live delivery <sup>(b)</sup>	Cycle-specific live delivery rate (%) <sup>(c)</sup>	Number of women who did not progress to next treatment	Non-progression rate (%) <sup>(d)</sup>
One	15,855	3,703	23.4	2,087	17.2
Two	10,065	1,964	19.5	1,719	21.2
Three	6,382	1,094	17.1	1,244	23.5
Four	4,044	664	16.4	840	24.9
Five	2,540	416	16.4	533	25.1
Six	1,591	243	15.3	388	28.8
Seven	960	143	14.9	245	30.0
Eight	572	83	14.5	133	27.2
Nine	356	35	9.8	106	33.0
Ten	215	24	11.2	51	26.7

(a) Cycle one represents a woman's first autologous (non *freeze-all*) fresh ART treatment cycle between 1 January 2013 and 31 December 2013. Cycles two to ten could be either a fresh or thaw cycle (excluding *freeze-all* cycles) undertaken by a woman until 31 December 2015 or delivery of a liveborn baby up to 31 October 2016.

(b) A live delivery is the delivery of one or more liveborn infants, with the birth of twins or higher order multiples counted as one live delivery.

(c) The cycle-specific live delivery rate for a specific cycle is calculated as the number of live deliveries in that specific cycle divided by the number of women who commenced ART treatment at that cycle.

(d) The non-progression rate for a specific cycle is calculated as the number of women who did not return for further ART treatment cycles before 31 December 2015 divided by the number of women who did not have a live delivery in that cycle. Reasons that a woman did not progress to the next treatment, such as poor prognosis, spontaneous pregnancy, migration, financial, psychological and other unrelated reasons, are not collected in ANZARD.

*Note:* Further treatment cycles after the tenth cycle and resulting live deliveries are not presented in this table due to small numbers. Data should be interpreted with caution due to small numbers in certain cells.

**Table 50: Cycle-specific live delivery rates for women aged less than 30 who started their first autologous fresh cycle (excluding *freeze-all* cycles) between 1 January 2013 and 31 December 2013, Australia and New Zealand**

Cycle number <sup>(a)</sup>	Number of women starting cycle	Number of women who had a live delivery <sup>(b)</sup>	Cycle-specific live delivery rate (%) <sup>(c)</sup>	Number of women who did not progress to next treatment	Non-progression rate (%) <sup>(d)</sup>
One	2,478	831	33.5	249	15.1
Two	1,398	407	29.1	179	18.1
Three	812	208	25.6	121	20.0
Four	483	109	22.6	81	21.7
Five	293	73	24.9	45	20.5
Six	175	42	24.0	39	29.3
Seven	94	28	29.8	18	27.3
Eight	48	11	22.9	11	29.7
Nine	26	4	15.4	6	27.3
Ten	16	4	25.0	2	16.7

(a) Cycle one represents a woman's first autologous (non *freeze-all*) fresh ART treatment cycle between 1 January 2013 and 31 December 2013. Cycles two to ten could be either a fresh or thaw cycle (excluding *freeze-all* cycles) undertaken by a woman until 31 December 2015 or delivery of a liveborn baby up to 31 October 2016.

(b) A live delivery is the delivery of one or more liveborn infants, with the birth of twins or higher order multiples counted as one live delivery.

(c) The cycle-specific live delivery rate for a specific cycle is calculated as the number of live deliveries in that specific cycle divided by the number of women who commenced ART treatment at that cycle.

(d) The non-progression rate for a specific cycle is calculated as the number of women who did not return for further ART treatment cycles before 31 December 2015 divided by the number of women who did not have a live delivery in that cycle. Reasons that a woman did not progress to the next treatment, such as poor prognosis, spontaneous pregnancy, migration, financial, psychological and other unrelated reasons, are not collected in ANZARD.

*Note:* Further treatment cycles after the tenth cycle and resulting live deliveries are not presented in this table due to small numbers. Data should be interpreted with caution due to small numbers in certain cells.

**Table 51: Cycle-specific live delivery rates for women aged 30–34 who started their first autologous fresh cycle (excluding *freeze-all* cycles) between 1 January 2013 and 31 December 2013, Australia and New Zealand**

Cycle number <sup>(a)</sup>	Number of women starting cycle	Number of women who had a live delivery <sup>(b)</sup>	Cycle-specific live delivery rate (%) <sup>(c)</sup>	Number of women who did not progress to next treatment	Non-progression rate (%) <sup>(d)</sup>
One	4,979	1,498	30.1	425	12.2
Two	3,056	752	24.6	367	15.9
Three	1,937	434	22.4	289	19.2
Four	1,214	282	23.2	211	22.6
Five	721	159	22.1	122	21.7
Six	440	102	23.2	87	25.7
Seven	251	51	20.3	50	25.0
Eight	150	36	24.0	28	24.6
Nine	86	13	15.1	16	21.9
Ten	57	7	12.3	9	18.0

(a) Cycle one represents a woman's first autologous (non *freeze-all*) fresh ART treatment cycle between 1 January 2013 and 31 December 2013. Cycles two to ten could be either a fresh or thaw cycle (excluding *freeze-all* cycles) undertaken by a woman until 31 December 2015 or delivery of a liveborn baby up to 31 October 2016.

(b) A live delivery is the delivery of one or more liveborn infants, with the birth of twins or higher order multiples counted as one live delivery.

(c) The cycle-specific live delivery rate for a specific cycle is calculated as the number of live deliveries in that specific cycle divided by the number of women who commenced ART treatment at that cycle.

(d) The non-progression rate for a specific cycle is calculated as the number of women who did not return for further ART treatment cycles before 31 December 2015 divided by the number of women who did not have a live delivery in that cycle. Reasons that a woman did not progress to the next treatment, such as poor prognosis, spontaneous pregnancy, migration, financial, psychological and other unrelated reasons, are not collected in ANZARD.

*Note:* Further treatment cycles after the tenth cycle and resulting live deliveries are not presented in this table due to small numbers. Data should be interpreted with caution due to small numbers in certain cells.



**Table 52: Cycle-specific live delivery rates for women aged 35–39 who started their first autologous fresh cycle(excluding *freeze-all* cycles) between 1 January 2013 and 31 December 2013, Australia and New Zealand**

Cycle number <sup>(a)</sup>	Number of women starting cycle	Number of women who had a live delivery <sup>(b)</sup>	Cycle-specific live delivery rate (%) <sup>(c)</sup>	Number of women who did not progress to next treatment	Non-progression rate (%) <sup>(d)</sup>
One	5,316	1,152	21.7	627	15.1
Two	3,537	673	19.0	575	20.1
Three	2,289	365	15.9	445	23.2
Four	1,479	228	15.4	290	23.2
Five	961	150	15.6	196	24.2
Six	615	79	12.8	145	27.1
Seven	391	53	13.6	94	27.8
Eight	244	27	11.1	56	25.8
Nine	161	14	8.7	49	33.3
Ten	98	11	11.2	31	35.6

(a) Cycle one represents a woman's first autologous (non-*freeze-all*) fresh ART treatment cycle between 1 January 2013 and 31 December 2013. Cycles two to ten could be either a fresh or thaw cycle (excluding *freeze-all* cycles) undertaken by a woman until 31 December 2015 or delivery of a liveborn baby up to 31 October 2016.

(b) A live delivery is the delivery of one or more liveborn infants, with the birth of twins or higher order multiples counted as one live delivery.

(c) The cycle-specific live delivery rate for a specific cycle is calculated as the number of live deliveries in that specific cycle divided by the number of women who commenced ART treatment at that cycle.

(d) The non-progression rate for a specific cycle is calculated as the number of women who did not return for further ART treatment cycles before 31 December 2015 divided by the number of women who did not have a live delivery in that cycle. Reasons that a woman did not progress to the next treatment, such as poor prognosis, spontaneous pregnancy, migration, financial, psychological and other unrelated reasons, are not collected in ANZARD.

**Note:** Further treatment cycles after the tenth cycle and resulting live deliveries are not presented in this table due to small numbers. Data should be interpreted with caution due to small numbers in certain cells.

**Table 53: Cycle-specific live delivery rates for women aged 40–44 who started their first autologous fresh cycle (excluding *freeze-all* cycles) between 1 January 2013 and 31 December 2013, Australia and New Zealand**

Cycle number <sup>(a)</sup>	Number of women starting cycle	Number of women who had a live delivery <sup>(b)</sup>	Cycle-specific live delivery rate (%) <sup>(c)</sup>	Number of women who did not progress to next treatment	Non-progression rate (%) <sup>(d)</sup>
One	2,890	219	7.6	705	26.4
Two	1,966	131	6.7	547	29.8
Three	1,288	87	6.8	364	30.3
Four	837	45	5.4	249	31.4
Five	543	33	6.1	160	31.4
Six	350	20	5.7	113	34.2
Seven	217	11	5.1	80	38.8
Eight	126	9	7.1	36	30.8
Nine	81	4	4.9	35	45.5
Ten	42	2	4.8	9	22.5

(a) Cycle one represents a woman's first autologous (non *freeze-all*) fresh ART treatment cycle between 1 January 2013 and 31 December 2013. Cycles two to ten could be either a fresh or thaw cycle (excluding *freeze-all* cycles) undertaken by a woman until 31 December 2015 or delivery of a liveborn baby up to 31 October 2016.

(b) A live delivery is the delivery of one or more liveborn infants, with the birth of twins or higher order multiples counted as one live delivery.

(c) The cycle-specific live delivery rate for a specific cycle is calculated as the number of live deliveries in that specific cycle divided by the number of women who commenced ART treatment at that cycle.

(d) The non-progression rate for a specific cycle is calculated as the number of women who did not return for further ART treatment cycles before 31 December 2015 divided by the number of women who did not have a live delivery in that cycle. Reasons that a woman did not progress to the next treatment, such as poor prognosis, spontaneous pregnancy, migration, financial, psychological and other unrelated reasons, are not collected in ANZARD.

**Note:** Further treatment cycles after the tenth cycle and resulting live deliveries are not presented in this table due to small numbers. Data should be interpreted with caution due to small numbers in certain cells.

# Appendix A: Contributing fertility clinics

## Australian Capital Territory

Canberra Fertility Centre, Deakin (Dr Martyn Stafford-Bell)  
COMPASS Fertility, Barton (Dr Nicole Sides)  
Genea - Canberra, Deakin (Associate Professor Mark Bowman)

## New South Wales

City Fertility Centre – Sydney, Liverpool (Dr Georgina Tang)  
Demeter Fertility, Liverpool (Dr David Knight)  
Fertility First, Hurstville (Dr Anne Clark)  
Genea – Coffs Harbour, Coffs Harbour (A/Prof Mark Bowman)  
Genea – Illawarra, Wollongong (A/Prof Mark Bowman)  
Genea – Lismore, Lismore (A/Prof Mark Bowman)  
Genea – Liverpool, Liverpool (A/Prof Mark Bowman)  
Genea – Newcastle, Merewether (A/Prof Mark Bowman)  
Genea – Northwest, Bella Vista (A/Prof Mark Bowman)  
Genea – Orange, Orange (A/Prof Mark Bowman)  
Genea – RPAH, Camperdown (A/Prof Mark Bowman)  
Genea, Sydney (A/Prof Mark Bowman)  
Hunter IVF (IVF Australia), New Lambton Heights (A/Prof Peter Illingworth)  
IVF Australia – Eastern Sydney, Maroubra (A/Prof Peter Illingworth)  
IVF Australia – North Shore, Greenwich (A/Prof Peter Illingworth)  
IVF Australia – Western Sydney, Westmead (A/Prof Peter Illingworth)  
IVF Australia – Central Coast, Gosford (A/Prof Peter Illingworth)  
Monash IVF – Mosman, Mosman (Dr Peter Benny)  
Monash IVF – Bondi Junction, Bondi Junction (Dr Joel Bernstein)  
Next Generation Fertility, Parramatta (Dr Peter Benny)  
Primary IVF, Sydney (Dr Janelle McDonald)  
Reproductive Medicine Albury, Albury (Dr Scott Giltrap)  
Reproductive Medicine Wagga, Wagga Wagga (Dr Scott Giltrap)  
Royal Hospital for Women – DRM, Randwick (Prof William Ledger)  
The Fertility Centre – Liverpool, Liverpool (A/Prof Peter Illingworth)  
The Fertility Centre – Wollongong, Wollongong (A/Prof Peter Illingworth)  
Westmead Fertility Centre, Westmead (Dr Howard Smith)

## **Northern Territory**

Repromed Darwin, Tiwi (Dr Richard Henshaw)

## **Queensland**

CARE Fertility, Greenslopes (Dr Clare Boothroyd)  
Cairns Fertility Centre, Cairns (Dr John Yovich)  
City Fertility Centre – Brisbane, (Dr Ashish Das)  
City Fertility Centre – Southside, Sunnybank (Dr Neil Astill)  
City Fertility Centre – Gold Coast, Robina (Dr Andrew Davidson)  
Coastal IVF, Maroochydore (Dr Paul Stokes)  
Fertility Solutions Sunshine Coast, Buderim (Dr James Orford)  
Fertility Solutions Bundaberg, Bundaberg (Dr James Orford)  
Fertility Solutions Sunshine Coast  
QFG Sunshine Coast, (Dr David Molloy)  
Life Fertility Centre, (Dr Glenn Sterling)  
Monash IVF Gold Coast, Southport (Dr Irving Korman)  
Monash IVF Rockhampton, Rockhampton (Dr Mark Leydon)  
Monash IVF Townsville, (Dr Mark Leydon)  
Monash IVF Auchenflower, Auchenflower (Dr John Chenoweth)  
MyIVF, North Lakes (Dr John Chenoweth)  
QFG Cairns, Cairns (Dr David Molloy)  
QFG Gold Coast, Benowa (Dr David Molloy)  
QFG Mackay, North Mackay (Dr David Molloy)  
QFG Toowoomba, Toowoomba (Dr David Molloy)  
QFG Townsville, Hyde Park (Dr David Molloy)  
QFG, Spring Hill (Dr David Molloy)  
The Fertility Centre, Springwood (Dr David Molloy)  
QFG North Brisbane, Everton Park, (Dr David Molloy)  
The Fertility Centre Sunshine Coast, Birtinya (Dr David Molloy)

## **South Australia**

City Fertility Centre – Adelaide, Henley Beach (Dr Marcin Stankiewicz)  
Fertility SA, Adelaide (Prof Robert Norman)  
Flinders Fertility, Bedford Park (Dr Michael McEvoy)  
Repromed, Dulwich (Dr Richard Henshaw)

## **Tasmania**

TasIVF Hobart, Hobart (Dr Bill Watkins)

TasIVF Launceston, East Launceston (Dr Bill Watkins)

## **Victoria**

Ballarat IVF, Wendouree (Dr Russell Dalton)

City Fertility Centre Bundoora, Bundoora (Dr David Wilkinson)

City Fertility Centre Melbourne, Melbourne (Dr David Wilkinson)

Melbourne IVF Mt Waverley, Mt Waverley (Dr Lyndon Hale)

Melbourne IVF Werribee, Werribee (Dr Lyndon Hale)

Melbourne IVF, East Melbourne (Dr Lyndon Hale)

Monash IVF Bendigo, Bendigo (Dr Mark Jalland)

Monash IVF Frankston, Frankston (Dr Alon Talmor)

Monash IVF Geelong, Geelong (Dr Prue Johnstone)

Monash IVF Sale, Sale (Dr Gareth Weston)

Monash IVF Sunshine, St Albans (Dr Gareth Weston)

Monash IVF Epworth Hospital, Richmond, (Dr Lyn Burmeister)

Monash IVF Hawthorn (Dr Lyn Burmeister)

Monash IVF Monash Surgical Private Hospital, Clayton, (Dr Nicole Hope)

Reproductive Services, Parkville (Dr Lyndon Hale)

## **Western Australia**

Concept Fertility Centre, Subiaco (Dr Lucy Williams)

Fertility Great Southern, Denmark (Dr Jay Natalwala)

Fertility North, Joondalup (Dr Vince Chapple)

Fertility Specialists South, Attadale (Prof Roger Hart)

Fertility Specialists WA, Claremont (Prof Roger Hart)

Hollywood Fertility Centre, Hollywood (Dr Simon Turner)

PIVET Medical Centre, Leederville (Dr John Yovich)

The Keogh Institute for Medical Research, Nedlands (Dr Brownyn Stuckey)

## **New Zealand**

Fertility Associates, Auckland (Dr Simon Kelly)

Fertility Associates Christchurch, Christchurch (Dr Sarah Wakeman)

Fertility Associates Hamilton, Hamilton (Dr VP Singh)

Fertility Associates Otago, Dunedin (Associate Professor Wayne Gillett)

Fertility Associates Wellington, Wellington (Dr Andrew Murray)

Fertility Plus, Auckland (Dr Neil Johnson)

Genea Oxford Women's Health, Christchurch (Dr Robert Woolcott)

Repromed Auckland, Auckland (Dr Guy Gudex)

# Appendix B: Data used in this report

The data presented in this report are supplied by 40 fertility centres in Australia and New Zealand and are compiled into ANZARD2.0. ANZARD2.0 includes autologous treatment cycles, treatment involving donated oocytes or embryos, and treatment involving surrogacy arrangements. ANZARD2.0 collects data on the use of ART techniques such as ICSI, oocyte/embryo freezing methods, PGT and cleavage/blastocyst transfers. In addition to ART procedures, ANZARD2.0 also collects data on artificial insemination cycles using donated sperm (DI) from fertility centres. The outcomes of pregnancies, deliveries and babies born following ART and DI treatments are also maintained in ANZARD2.0. This includes the method of birth, birth status, birthweight, gestational age, plurality, perinatal mortality and selected information on maternal morbidity.

## Data validation

Most fertility centres have computerised data information management systems and are able to provide NPESU with high-quality data. All data processed by NPESU undergo a validation process, with data queries being followed up with fertility centre staff. In 2015, information relating to pregnancy and birth outcomes was not provided for 1.0% of clinical pregnancies.

The Reproductive Technology Accreditation Committee of FSA also plays a role in ensuring the quality of ANZARD 2.0 data by validating selected records against clinic files in their annual inspections. All assisted reproductive technology (ART) cycles and donor insemination (DI) undertaken in Australia and New Zealand must be reported to the ANZARD as part of their accreditation by the Reproductive Technology Accreditation Committee of the Fertility Society of Australia.

## Data presentation

Chapters 2 to 7 of this report present information on ART and DI treatment cycles that took place in fertility clinics in Australia and New Zealand in 2015, and the resulting pregnancies and births. The babies included in this report were conceived following treatment cycles undertaken in 2015, and were born in either 2015 or 2016. Data presented in Chapters 2 to 7 are for treatment cycles and not women. It is possible for an individual woman to undergo more than one treatment cycle in a year or experience more than one pregnancy. This means that information reported about patient characteristics in Chapters 2 to 7, such as age, parity and cause of infertility, is based on calculations in which individuals may be counted more than once. The rates of clinical pregnancy and live delivery in Chapters 2 to 7 were measured per initiated cycle. Where the number of initiated cycles was not available, the rates were calculated per embryo transfer cycle.

Chapter 8 presents information on women undergoing ART treatment cycles in 2015.

Chapter 9 presents longitudinal information on the cohort of women who were identified as starting their first autologous (non *freeze-all*) fresh ART cycle in 2013.

Where applicable, percentages in tables have been calculated including the 'Not stated' category. Throughout the report, for totals, percentages may not add up to 100.0 and, for subtotals, they may not add up to the sum of the percentages for the categories. This is due to rounding error.

## Data limitations

Follow-up of pregnancy and birth outcomes is limited because the ongoing care of pregnant patients is often carried out by non-ART practitioners. The method of follow-up varies by fertility centres and includes follow-up with the patient or clinician or the use of routine data sourced from a health department. In a small proportion of cases this information is not available. For pregnancies in which there is successful follow-up, data are limited by the self-reported nature of the information. Fertility centre staff invest great effort in validating such information by obtaining medical records from clinicians or hospitals.



# Appendix C: ANZARD2.0 data items

Variable	Data domain
Unit identifier	3-digit code for clinics provided by NPESU.
Site of the unit	Where the cycle was initiated.
Unit patient ID/medical record number	Unique ID for patient.
First two letters of first name	First two letters of female patient first name.
First two letters of surname	First two letters of female patient surname.
Female patient date of birth	DD/MM/YYYY.
Husband/male partner date of birth	DD/MM/YYYY.
Age of oocyte/embryo donor	Completed age at time of OPU.
Cause of infertility: tubal disease	Yes—in the opinion of the treating clinician or clinic there is sub-fertility due to tubal disease. No—other.
Cause of infertility: endometriosis	Yes—in the opinion of the treating clinician or clinic there is sub-fertility due to endometriosis. No—other.
Cause of infertility: otherfemale factors	Yes—in the opinion of the treating clinician or clinic there is sub-fertility due to other female factors apart from tubal disease and endometriosis. Possible examples could include fibroids, ovulation disorders or premature ovarian failure. No—other.
Cause of infertility: male factor	Yes—in the opinion of the treating clinician or clinic there is a significant male factor problem. No—other.
Cause of infertility: unexplained	Yes—in the opinion of the clinic or clinician there is sub-fertility without any apparent explanation. No—if yes answered to any of the previous cause of infertility fields.
Any pregnancies ≥ 20 weeks	Yes—if the female patient has had a pregnancy of 20 complete weeks or more by ART or by a different partner. No—if the female patient has had no previous pregnancy of 20 complete weeks or more.
Cycle ID	Unique cycle identifier.
Cycle date	Cycle date is coded by: 1. The first date where FSH/stimulation drug is administered 2. The date of LMP for unstimulated cycles (including natural fresh cycles and thaw cycles) 3. The date of embryos disposed for embryo disposal cycles 4. The date of oocytes/embryos imported or exported for oocyte/embryo import/export cycles 5. The date of embryos donated for frozen embryos donation cycles 6. The date of embryos received for non-transfer embryo recipient cycles.
Surrogacy arrangement	Yes—if surrogacy arrangement is involved in this cycle. No—if surrogacy arrangement is not involved in this cycle.
Ovarian stimulation	Yes—FSH administered. Does not include clomiphene or hCG alone unless FSH was also given. No—other.
First ever FSH stimulated cycle for OPU	Yes—if the current cycle is the first ever FSH stimulated cycle with the intention of OPU. No—other.
Date of intrauterine insemination	DD/MM/YYYY.
Date of cancellation for cancelled OPU	Date of the last day FSH is administered in a cancelled cycle. DD/MM/YYYY.

Variable	Data domain
OPU date	Date of oocyte pickup.
Number of eggs retrieved	Number of eggs retrieved at OPU.
Number of eggs donated	Number of eggs donated to someone else.
Number of eggs received	Number of eggs received from someone else.
Number of eggs imported	Records number of oocytes imported into the current unit from another unit.
Number of eggs exported	Records number of oocytes exported from the current unit into another unit.
Number of oocytes slow frozen	Number of oocytes frozen by slow freezing method in this cycle.
Number of oocytes vitrified	Number of oocytes frozen by vitrification in this cycle.
Number of slow frozen oocytes thawed	Number of slow frozen oocytes thawed in this cycle.
Number of vitrified oocytes warmed	Number of vitrified oocytes warmed in this cycle.
Freezing date of thawed/warmed oocytes	DD/MM/YYYY.
Number of eggs GIFT	Number of eggs replaced in a GIFT procedure.
Number of eggs IVF	Number of eggs treated (inseminated) with IVF.
Number of eggs ICSI	Number of eggs treated with ICSI.
Site of sperm used	Site of sperm extraction: ejaculated, epididymal (whether by open biopsy or by PESA), testicular or other.
Person who provided sperm	Husband/partner (h), known donor (k), anonymous donor (a), unknown (u).
Number of eggs fertilised normally	Number of eggs fertilised normally.
Preimplantation genetic diagnosis	Yes—preimplantation genetic diagnosis in any form (including aneuploidy screening or sex selection) has been performed on any of the embryos (transferred or not). No—PGD not performed.
Assisted hatching	Yes—where assisted hatching in any form has been performed on any of the embryos (transferred or not). No—assisted hatching not performed.
Number of embryos imported from another clinic	Records number of embryos imported into the unit from another unit.
Number of embryos received from another patient/ clinic	Records the number of embryos that a patient/couple received from another patient/couple.
Number of slow frozen cleavage embryos thawed	Number of slow frozen cleavage embryos thawed with the intention of performing an embryo transfer.
Number of vitrified cleavage embryos warmed	Number of vitrified cleavage embryos warmed with the intention of performing an embryo transfer.
Number of slow frozen blastocysts thawed	Number of slow frozen blastocysts thawed with the intention of performing an embryo transfer.
Number of vitrified blastocysts warmed	Number of vitrified blastocyst embryos warmed with the intention of performing an embryo transfer.
Freezing date of thawed/warmed embryos	Freezing date of thawed/warmed embryos.
Thawed/warmed embryos originally from oocyte donor or embryo donor	o—embryo from donated oocyte. e—donated embryo.
ET date	Embryo transfer date.
Number of cleavage embryos transferred	Number of cleavage stage embryos transferred.
Number of blastocyst transferred	Number of blastocyst stage embryos transferred.
Any embryos ICSI?	Yes—any embryos transferred were fertilised by ICSI. No—no transferred embryos were fertilised by ICSI.

Variable	Data domain
Number of cleavage embryos slow frozen	Number of cleavage embryos frozen by slow freezing method in this cycle.
Number of cleavage embryos vitrified	Number of cleavage embryos frozen by vitrification in this cycle.
Number of blastocysts slow frozen	Number of blastocysts frozen by slow freezing method in this cycle.
Number of blastocysts vitrified	Number of blastocysts frozen by vitrification method in this cycle.
Number of embryos exported	Number of embryos exported from the current unit to another unit.
Number of embryos donated	Number of embryos donated to another patient.
Number of potentially usable frozen embryos discarded	Frozen embryos disposed in accordance with patient's request or Government regulation.
Clinical pregnancy	A pregnancy that fulfils one of the following criteria: 1. Known to be ongoing at 20 weeks 2. Evidence by ultrasound of an intrauterine sac (with or without a fetal heart) 3. Examination of products of conception reveal chorionic villi 4. A definite ectopic pregnancy that has been diagnosed laparoscopically or by ultrasound.
Date pregnancy ended	Date on which delivery, miscarriage or termination takes place.
Number of fetal hearts	Number of fetal hearts seen on first ultrasound (intrauterine only).
Ectopic pregnancy	If this pregnancy is an ectopic pregnancy, or a combined ectopic and uterine pregnancy (heterotopic). n—No e—Ectopic h—Heterotopic
Elective termination of pregnancy	Yes—pregnancy is terminated. No—pregnancy not terminated.
Selective reduction performed	Yes—If selective reduction has been performed due to fetal abnormality/other reasons. No—If no selective reduction has been performed.
Fetal abnormality in a pregnancy ending < 20 weeks or by selective reduction	Fetal abnormality in a pregnancy ending < 20 weeks or by selective reduction.
Maternal complications of pregnancy	Maternal complications of pregnancy.
Number of babies delivered	Include all liveborn and stillborn babies after 20 weeks gestation or at least 400 grams birthweight.
Caesarean delivery	Yes—delivery by planned or emergency caesarean section. No—other.
Baby 1 outcome	Liveborn, stillborn or neonatal death.
Baby 1 sex	Male or female.
Baby 1 birthweight	Weight in grams.
Baby 1 abnormality	Describes any known congenital malformation.
Baby 1 date of neonatal death	Date of neonatal death.
Baby 2 outcome	Liveborn, stillborn or neonatal death.
Baby 2 sex	Male or female.
Baby 2 weight	Weight in grams.
Baby 2 abnormality	Describes any known congenital malformation.
Baby 2 date of neonatal death	Date of neonatal death.
Baby 3 outcome	Liveborn, stillborn or neonatal death.
Baby 3 sex	Male or female.
Baby 3 weight	Weight in grams.

Variable	Data domain
Baby 3 abnormality	Describes any known congenital malformation.
Baby 3 date of neonatal death	Date of neonatal death.
Baby 4 outcome	Liveborn, stillborn or neonatal death.
Baby 4 sex	Male or female.
Baby 4 weight	Weight in grams.
Baby 4 abnormality	Describes any known congenital malformation.
Baby 4 date of neonatal death	Date of neonatal death.
Admitted with ART morbidity	Yes—woman is admitted to hospital with any condition (excluding any pregnancy-related issues, such as ectopic pregnancy) that could be in any way related to fertility treatment.
OHSS	Answer yes if OHSS occurred.
Morbidity detail	Describes symptoms of treatment-related morbidity.
Postcode	Postcode of patient residential area.
Comments	Any comments on this cycle.

# Glossary

This report categorises ART treatments according to whether a woman used her own oocytes or embryos, or oocytes or embryos were donated by another woman or couple, and whether the embryos were transferred soon after fertilisation or following cryopreservation.

**Artificial insemination:** a range of techniques for placing sperm into the female genital tract, and can be used with controlled ovarian hyperstimulation or in unstimulated cycles. These techniques are referred to as 'donor insemination' (DI) in this report.

**ART (assisted reproductive technology):** treatments or procedures that involve the in vitro handling of human oocytes (eggs) and sperm or embryos for the purposes of establishing a pregnancy. ART does not include artificial insemination.

**Assisted hatching:** when the outer layer of the embryo, the zona pellucida, is either thinned or perforated in the laboratory to aid 'hatching' of the embryo, the aim being to potentially improve the chance of implantation in the uterus.

**Autologous cycle:** an ART treatment cycle in which a woman intends to use, or uses, her own oocytes or embryos. GIFT cycles are classified separately from autologous cycles.

**Blastocyst:** an embryo comprising around 100 cells usually developed by five or six days after fertilisation.

**Caesarean section:** an operative delivery by surgical incision through the abdominal wall and uterus.

**Cleavage stage embryo:** an embryo comprising about eight cells usually developed by two or three days after fertilisation.

**Clinical pregnancy:** a pregnancy in which at least one of the following criteria is met:

- known to be ongoing at 20 weeks
- evidence by ultrasound of an intrauterine sac (with or without a fetal heart)
- examination of products of conception reveal chorionic villi, or
- an ectopic pregnancy has been diagnosed by laparoscope or by ultrasound.

**Controlled ovarian hyperstimulation:** medical treatment to induce the development of multiple ovarian follicles in order to obtain multiple oocytes at oocyte pick-up (OPU).

**Cryopreservation:** freezing embryos for potential future ART treatment.

**Delivery:** a birth event in which one or more babies of 20 weeks or more gestation or of 400 grams or more birthweight are born.

**DI (donor insemination) cycle:** an artificial insemination cycle in which sperm not from the woman's partner (donor sperm) is used.

**Discontinued cycle:** an ART cycle that does not proceed to oocyte pick-up (OPU) or embryo transfer.

**Donation cycle:** an ART treatment cycle where a woman intends to donate, or donates, her oocytes to others. A donation cycle may result in the donation of either oocytes or embryos to a recipient woman. The use of donor sperm does not alter the donor status of the cycle.

**Ectopic pregnancy:** a pregnancy in which implantation takes place outside the uterine cavity.

**Embryo:** an egg that has been fertilised by a sperm and has undergone one or more divisions.

**Embryo transfer:** a procedure whereby embryo(s) are placed in the uterus or fallopian tube. The embryo(s) can be fresh or thawed following cryopreservation, and may include the transfer of cleavage stage embryos or blastocysts.

**Stillbirth (fetal death):** the birth of an infant after 20 or more weeks gestation or 400 grams or more birthweight that shows no signs of life.

**Freeze-all cycle:** a fresh cycle where all oocytes or embryos are cryopreserved for potential future use.

**Fresh cycle:** an ART treatment cycle that intends to use, or uses, embryo(s) that have not been cryopreserved (frozen).

**Gestational age:** the completed weeks of gestation of the fetus. This is calculated as follows:

- cycles with embryos transferred: (pregnancy end date – embryo transfer date + 16 days) for transfer of cleavage stage embryos and (pregnancy end date – embryo transfer date + 19 days) for transfer of blastocysts
- GIFT cycles: (pregnancy end date – OPU date) + 14 days
- DI cycles: (pregnancy end date – date of insemination) + 14 days.

**GIFT (gamete intrafallopian transfer):** an ART treatment where mature oocytes and sperm are placed directly into a woman's fallopian tubes so that in vivo fertilisation may take place. GIFT cycles are classified separately from autologous cycles.

**Heterotopic pregnancy:** a double gestation pregnancy in which implantation takes place both inside and outside the uterine cavity.

**ICSI (intracytoplasmic sperm injection):** a procedure whereby a single sperm is injected directly into the oocyte to aid fertilisation. If an embryo transfer cycle involves the transfer of at least one embryo created using ICSI, it is counted as an ICSI cycle.

**IVF (in vitro fertilisation):** an ART procedure that involves extracorporeal fertilisation.

**Live birth:** according to the World Health Organization (WHO) definition, a live birth is defined as the complete expulsion or extraction from its mother of a product of conception irrespective of the duration of the pregnancy, after such separation, breathes or shows any other evidence of life, such as beating of the heart, pulsation of the umbilical cord or definite movement of the voluntary muscles, whether or not the umbilical cord has been cut or the placenta is attached; each product of such a birth is considered liveborn. In this report, live births are included if they meet the WHO definition and if they are of 20 weeks or more gestation or 400 grams or more birthweight.

**Live delivery:** a live delivery is the delivery of one or more liveborn infants, with the birth of twins, triplets or more counted as one live delivery.

**Low birthweight:** a birthweight of less than 2,500 grams.

**OHSS (ovarian hyperstimulation syndrome):** the complication of ovulation stimulation therapy, which involves the administration of follicle stimulating hormone (FSH). OHSS symptoms include abdominal pain and fluid retention.

**Oocyte (egg):** a female reproductive cell.

**OPU (oocyte pick-up):** the procedure to collect oocytes from ovaries, usually by ultrasound-guided transvaginal aspiration and rarely by laparoscopic surgery.

**Parity:** a classification of a woman in terms of the number of previous pregnancies experienced that reached 20 weeks or more gestation.

**Parous:** refers to a woman who has had at least one previous pregnancy of 20 weeks or more gestation.

**PGT (preimplantation genetic testing):** a procedure where DNA from oocytes or embryos is tested for chromosomal disorders or genetic diseases before embryo transfer. This term includes pre-implantation genetic diagnosis (PGD) and pre-implantation genetic screening (PGS).

**Nulliparous:** refers to a woman who has never had a pregnancy of 20 weeks or more gestation.

**Perinatal death:** a fetal death (stillbirth) or neonatal death of at least 20 weeks gestation or at least 400 grams birthweight.

**Preterm:** a gestation of less than 37 weeks.

**Recipient cycle:** an ART treatment cycle in which a woman receives oocytes or embryos from another woman.

**Secondary sex ratio:** the number of male liveborn babies per 100 female liveborn babies.

**Surrogacy arrangement:** an arrangement where a woman, known as the 'gestational carrier' agrees to carry a child for another person or couple, known as the 'intended parent(s)', with the intention that the child will be raised by the intended parent(s). The oocytes and/or sperm used to create the embryo(s) in the surrogacy cycle can be either from the intended parents or from a donor(s).

**Thaw cycle:** an ART treatment cycle in which cryopreserved embryos are thawed with the intention of performing embryo transfer.

**Thawed embryo:** an embryo thawed after cryopreservation. It is used in thaw cycles.

**Vitrification:** an ultra-rapid cryopreservation method that prevents ice formation within the suspension which is converted to a glass-like solid.

*Note:* The International Committee Monitoring Assisted Reproductive Technologies (ICMART) has published an Infertility and Fertility Care glossary for the terms used in ART data collections (Zegers-Hochschild et al. 2017). However, the terminology used in this report may differ from that in the ICMART glossary.

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There were 77,721 ART treatment cycles reported from Australian and New Zealand clinics in 2015. Of these 22.8% resulted in a clinical pregnancy and 18.1% in a live delivery. There were 14,655 liveborn babies following ART treatment in 2015.